

# DHMH - Behavioral Health Administration

## MISSION

The Department of Health and Mental Hygiene's Office of Behavioral Health will develop an integrated process for planning, policy, and services to ensure a coordinated quality system of care is available to individuals with behavioral health conditions. The Behavioral Health Administration will, through publicly funded services and supports, promote recovery, resiliency, health, and wellness for individuals who have emotional, substance use, and/or psychiatric disorders.

## VISION

The Vision of our behavioral health system of care is drawn from fundamental core commitments: coordinated, quality system of care that is supportive of individual rights and preferences; availability of a full range of services; seamless linkages to services for the consumer delivered through a system of integrated care; recognition that co-occurring conditions are common; focus on treatment, behavioral health, support, recovery, and resilience; services developed in collaboration with stakeholders in an environment that is culturally sensitive; and improved health, wellness, and quality of life for consumers across the life span.

## KEY GOALS, OBJECTIVES, AND PERFORMANCE MEASURES

### Goal 1. Increase the abilities of people with behavioral health disorders to live successfully in the community.

- Obj. 1.1** By fiscal year 2016, at least 24 percent of adults (18-64 years old) receiving mental health treatment will report being employed.
- Obj. 1.2** By fiscal year 2016, the number of employed patients at completion of substance related disorder (SRD) treatment will increase by 44 percent from the number of patients who were employed at admission to SRD treatment.
- Obj. 1.3** By fiscal year 2016, the number of patients using substances at completion of SRD treatment will be reduced by 67 percent from the number of patients who were using substances at admission to SRD treatment.
- Obj. 1.4** By fiscal year 2016, the number of patients at completion of SRD treatment who were arrested during the 30 days before discharge will decrease by 82 percent from the number arrested during the 30 days before admission.

Performance Measures	2012 Act.	2013 Act.	2014 Act.	2015 Act.	2016 Est.	2017 Est.
Number of adults who answered employment question	48,066	50,675	54,574	59,390	62,000	64,480
Adults who answered that they are currently employed	9,458	10,814	12,660	14,440	15,190	16,120
Percent of adults who report being employed	19.7%	21.3%	23.2%	24.3%	24.5%	25.0%
Number of patients employed at admission to SRD treatment	3,903	3,636	3,120	3,500	3,500	3,500
Number of patients employed at completion of SRD treatment	5,672	5,216	4,407	5,005	5,045	5,100
Increase in employment at completion of SRD treatment	45.3%	43.5%	41.3%	43.0%	44.1%	45.7%
Number of patients using substances at admission	8,046	7,591	6,397	7,500	7,500	7,600
Patients using substances at completion of treatment	2,211	2,535	2,177	2,550	2,475	2,450
Percent decrease in substance abuse during treatment	72.5%	66.6%	66.0%	66.0%	67.0%	67.8%
Number arrested before admission	1,085	1,291	1,015	1,050	1,050	1,050
Number arrested before discharge	185	177	232	210	189	183
Percent decrease in number arrested	82.9%	86.3%	77.1%	80.0%	82.0%	82.6%

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**Obj. 1.5** By fiscal year 2016, at least 54.5 percent of adults (18-64 years old) receiving mental health treatment will report being satisfied with their recovery.

**Obj. 1.6** By fiscal year 2016, at least 82.5 percent of adolescents (13-17 years old) receiving mental health treatment will report being hopeful about their future.

Performance Measures	2012 Act.	2013 Act.	2014 Act.	2015 Act.	2016 Est.	2017 Est.
Number of adults who answered the recovery question	39,687	40,575	43,132	45,030	47,005	47,000
Adults who answered they are satisfied with their recovery	22,064	22,491	23,684	24,541	25,618	25,700
Percent who report being satisfied with their recovery	55.6%	55.4%	54.9%	54.5%	54.5%	54.7%
Adolescents answering the "hopeful about my future" question	12,343	12,310	12,605	13,000	13,520	13,900
Adolescents who answered they are hopeful about their future	10,291	10,181	10,420	10,725	11,150	11,500
Percent who report being hopeful about their future	83.4%	82.7%	82.7%	82.5%	82.5%	82.7%

**Goal 2. Promote recovery and ability of adults (18+ years old) with Serious Mental Illness (SMI) and ability of children (0-17 years old) with Serious Emotional Disturbances (SED) to live in the community.**

**Obj. 2.1** By fiscal year 2016, BHA will maintain access to public behavioral health services (PBHS) for 26.5 percent of the population of adults in Maryland who have SMI.

**Obj. 2.2** By fiscal year 2016, BHA will maintain access to public behavioral health services for 31.3 percent of population of children in Maryland who have SED.

Performance Measures	2012 Act.	2013 Act.	2014 Act.	2015 Act.	2016 Est.	2017 Est.
Estimated number of adults who have SMI	242,425	243,627	248,900	250,876	252,666	254,560
Number of adults with SMI who receive mental health services in the PBHS during the year	55,979	58,926	63,661	67,586	69,483	71,280
Percent of adults with SMI who receive mental health services in the PBHS during the year	23.1%	24.2%	25.6%	26.9%	27.5%	28.0%
Estimated number of children who annually have SED	149,553	155,171	148,892	150,073	152,878	155,171
Children with SED receiving PBHS services annually	41,916	43,440	44,908	47,970	48,920	49,655
Percent of SED children receiving PBHS services annually	28.0%	28.0%	30.2%	32.0%	32.0%	32.0%

**Goal 3. Institute policies and practices that foster engagement and sustained therapeutic relationships between patients and substance related disorder (SRD) service providers.**

**Obj. 3.1** By fiscal year 2016, 46 percent of the patients in State-supported SRD treatment will be retained at least 120 days.

Performance Measures	2012 Act.	2013 Act.	2014 Act.	2015 Act.	2016 Est.	2017 Est.
State supported treatment episodes ending during fiscal year	26,875	24,975	20,653	25,000	25,000	25,000
Patients retained in State supported treatment episodes at least 120 days	12,186	11,050	9,033	11,250	11,500	11,500
Percent of patients retained in State-supported treatment episodes at least 120 days	45.3%	44.2%	43.7%	45.0%	46.0%	46.0%

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- Obj. 3.2** By fiscal year 2016, 66 percent of patients who complete State-supported SRD intensive-outpatient programs will enter another level of SRD treatment within 30 days.
- Obj. 3.3** By fiscal year 2016, 85 percent of the patients who complete State-supported residential detoxification programs will enter another level of SRD treatment within 30 days.
- Obj. 3.4** By fiscal year 2016, the number of discharged patients leaving treatment against clinical advice will be reduced to 31 percent.

Performance Measures	2012 Act.	2013 Act.	2014 Act.	2015 Act.	2016 Est.	2017 Est.
Patients completing State-funded SRD intensive outpatient service	4,406	4,330	3,607	4,300	4,300	4,300
Patients entering another level of SRD treatment within 30 days of dis-enrollment	2,803	2,724	2,325	2,795	2,838	2,838
Percent of patients entering another level of SRD treatment within 30 days of dis-enrollment	63.6%	62.9%	64.5%	65.0%	66.0%	66.0%
Patients who complete residential detoxification services	4,299	4,034	3,626	4,200	4,200	4,200
Patients entering another level of SRD treatment within 30 days of dis-enrollment	3,792	3,395	2,936	3,528	3,570	3,570
Percent of patients entering another level of SRD treatment within 30 days of dis-enrollment	88.2%	84.2%	81.0%	84.0%	85.0%	85.0%
Number of patients discharged from SRD treatment	43,067	40,132	34,347	40,000	40,000	40,000
Number leaving SRD treatment against clinical advice	13,532	13,277	11,363	12,800	12,400	12,400
Percent leaving SRD treatment against clinical advice	31.4%	33.1%	33.1%	32.0%	31.0%	31.0%

**Goal 4. Implement utilization of the latest technology to expand access to behavioral health services in the least restrictive settings.**

- Obj. 4.1** Annually increase number of individuals receiving AVATAR services.
- Obj. 4.2** By fiscal year 2016, 8.3 percent of individuals receiving outpatient mental health services in rural areas will receive tele-mental health services.

Performance Measures	2012 Act.	2013 Act.	2014 Act.	2015 Act.	2016 Est.	2017 Est.
Number of programs offering AVATAR services	N/A	N/A	2	3	4	5
Number of individuals receiving AVATAR services	N/A	N/A	48	37	50	60
Unduplicated individuals served as outpatients in rural areas	11,274	11,963	12,757	13,869	14,500	15,000
Individuals that received tele-mental services in rural areas	586	862	993	1,063	1,160	1,225
Percent of individuals receiving tele-mental health services	5.2%	7.2%	7.8%	7.7%	8.0%	8.2%

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**Goal 5. Promote health and wellness initiatives in the Behavioral Health System.**

- Obj. 5.1** By fiscal year 2016, less than 10.9 percent of adolescents (13-17 years old) receiving mental health treatment will report smoking.
- Obj. 5.2** By fiscal year 2016, less than 47 percent of adults (18-64 years old) receiving mental health treatment will report smoking.
- Obj. 5.3** By fiscal year 2016, the number of adults (18+ years old) reporting tobacco use at completion discharge from non-detox substance-use disorder treatment will be reduced by 20 percent from the number reporting tobacco use at admission.
- Obj. 5.4** By fiscal year 2016, the number of adolescents reporting tobacco use at discharge from non-detox substance-use disorder treatment will be reduced by 32 percent from the number reporting tobacco use at admission.

<b>Performance Measures</b>	<b>2012 Act.</b>	<b>2013 Act.</b>	<b>2014 Act.</b>	<b>2015 Act.</b>	<b>2016 Est.</b>	<b>2017 Est.</b>
Number of adolescents who answered the smoking question	13,892	14,665	15,470	16,444	17,000	17,500
Adolescents who answered "yes" that they smoke	1,532	1,391	1,278	1,071	1,241	1,275
Percent of adolescents receiving mental health treatment who report smoking	11.0%	9.5%	8.3%	6.5%	7.3%	7.3%
Number of adults who answered the smoking question	46,755	50,675	54,574	59,392	62,500	65,000
Number of adults who answered "yes" that they smoke	23,846	24,910	26,049	25,736	28,125	28,925
Adults receiving mental health treatment who report smoking	51.0%	49.2%	47.7%	43.3%	45.0%	44.5%
Number of adults reporting tobacco use at admission	9,756	16,495	15,415	15,000	14,500	14,350
Number of adults reporting tobacco use at discharge	N/A	11,739	11,753	11,250	11,570	11,550
Percent reduction in adult tobacco use during treatment	N/A	28.8%	23.8%	25.0%	20.2%	19.5%
Number of adolescents reporting tobacco use at admission	1,200	1,404	1,107	1,100	1,100	1,090
Number of adolescents reporting tobacco use at discharge	N/A	994	766	759	748	740
Percent reduction in adolescent tobacco use during treatment	N/A	29.2%	30.8%	31.0%	32.0%	32.1%

**Goal 6. Reduce underage drinking in Maryland through planning, coordination, and delivery of prevention services to all Maryland residents, applying evidence-based principles, strategies, and model programs with a focus on citizens under age 21.**

- Obj. 6.1** The National Survey on Drug Use and Health (NSDUH) report on state estimates of substance use and mental disorders will show the estimate of Maryland citizens in the 12 to 20 age range who used alcohol in the past month declined to 25 percent.

<b>Performance Measures</b>	<b>2012 Act.</b>	<b>2013 Act.</b>	<b>2014 Act.</b>	<b>2015 Act.</b>	<b>2016 Est.</b>	<b>2017 Est.</b>
Number of Maryland citizens aged 12 to 20	675,572	664,855	656,635	660,000	660,000	660,000
Those aged 12 to 20 who used alcohol in the past month	169,839	166,131	164,027	163,680	161,700	161,700
Percent of those aged 12 to 20 who used alcohol in the past month	25.1%	25.0%	25.0%	24.8%	24.5%	24.5%

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## COMMUNITY SERVICE - PUBLIC BEHAVIORAL HEALTH SYSTEM

Performance Measures	2012 Act.	2013 Act.	2014 Act.	2015 Act.	2016 Est.	2017 Est.
Number of Non-Medicaid Customers:	14,412	14,104	11,297	11,505	11,800	11,800
<i>Number of Consumers by Service Type: (contains duplicate counts; multiple services and coverage types) □</i>						
Outpatient	15,386	11,722	10,050	10,768	11,582	11,582
Rehabilitation	3,497	2,923	3,006	2,534	2,570	2,570
Case Management	683	576	483	364	364	364
Outpatient: Completion/Transfer/Referral Rate	58%	58%	58%	59%	60%	61%
Average Length of Stay for Completion Discharges (days)	151	143	144	145	146	146
Patients Treated	30,071	29,875	28,307	29,000	30,000	31,000
Intensive Outpatient: Completion/Transfer/Referral Rate	57%	57%	58%	59%	60%	61%
Average Length of Stay for Completion Discharges (days)	71	68	65	68	75	75
Patients Treated	13,799	14,781	14,558	14,600	14,800	15,000
Halfway House: Completion/Transfer/Referral Rate	53%	58%	59%	59%	60%	61%
Average Length of Stay for Completion Discharges (days)	148	127	138	140	142	142
Patients Treated	1,829	1,667	1,330	1,600	1,600	1,700
Long Term Residential: Completion/Transfer/Referral Rate	65%	61%	67%	65%	67%	68%
Average Length of Stay for Completion Discharges (days)	104	122	142	130	140	140
Patients Treated	2,041	1,904	1,500	2,000	2,100	2,200
Therapeutic Community: Completion/Transfer/Referral Rate	64%	62%	64%	64%	65%	66%
Average Length of Stay for Completion Discharges (days)	119	124	136	125	130	130
Patients Treated	1,801	1,623	1,406	1,600	1,600	1,700
Intermediate Care Facility: Completion/Transfer/Referral Rate	80%	82%	85%	85%	86%	86%
Average Length of Stay for Completion Discharges (days)	21	20	20	21	21	21
Patients Treated	8,610	8,008	7,124	8,100	8,240	8,300
Methadone: Patients Treated	12,501	13,072	13,306	13,400	13,500	13,600
Total Patients Treated	70,652	70,930	67,531	70,300	71,840	73,500

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<b>Performance Measures</b>	<b>2012 Act.</b>	<b>2013 Act.</b>	<b>2014 Act.</b>	<b>2015 Act.</b>	<b>2016 Est.</b>	<b>2017 Est.</b>
Buprenorphine: Patients Treated	6,618	8,119	8,663	8,700	8,800	8,900
Recovery Support Services: Patients Receiving Care Coordination	N/A	4,586	5,439	5,500	5,600	5,700
Recovery Community Center Sites	N/A	N/A	N/A	49,646	52,000	52,000
Patients Receiving Recovery Housing	N/A	N/A	292	300	300	300

### COMMUNITY SERVICES FOR MEDICAID RECIPIENTS

<b>Performance Measures</b>	<b>2012 Act.</b>	<b>2013 Act.</b>	<b>2014 Act.</b>	<b>2015 Act.</b>	<b>2016 Est.</b>	<b>2017 Est.</b>
Number of Customers: Medicaid	144,712	153,576	158,643	22,395	22,395	24,000
<i>Number of Consumers by Service Type: (contains duplicate counts; multiple services and coverage types) □</i>						
Inpatient	10,737	10,828	12,945	2,282	2,282	2,462
Residential Treatment Centers	928	807	854	2	2	2
Outpatient	143,376	166,478	193,195	17,531	17,531	18,728
Rehabilitation	28,604	33,093	37,176	12,821	12,821	13,833
Case Management	3,633	4,060	5,038	253	253	273