

**Department of Health and Mental Hygiene  
Administration  
M00A01**

**Response to Recommended Actions**

**Recommendation #1:**

Delete funding for a long-term vacant position (\$53,538 GF).

**Response:**

DHMH disagrees with this recommendation.

This position is in the process of being reclassified from a Computer Operator Manager to an IT Assistant Director and will function as the Director of the Applications Division within DHMH's Office of Information Technology. The Applications Division is comprised of Enterprise Mainframe Applications, Business Applications, Web Development, Database Applications, and Quality Assurance. These high level functions require an Assistant Director position to oversee these critical areas.

After several months, DHMH has recently received freeze exemption approval to fill the position and will initiate recruitment immediately upon completion of the position reclassification process.

**Recommendation #2:**

Delete funding for one regular position.

**Response:**

DHMH disagrees with this recommendation

This position is currently in the process of being downgraded from a Computer Network Supervisor to a Computer network Specialist in the Department's Infrastructure/Network Division. Due to an increasing number of network users, the expansion of local & wide area networks, and the absorption of network responsibilities from several DHMH Administrations, this position is critical in meeting the network needs of the Department.

After several months, DHMH has recently received freeze exemption approval to fill the position and will initiate recruitment immediately upon completion of the position reclassification process.

# FY 2013 Budget Overview

Joshua M. Sharfstein, M.D.

Secretary

Department of Health and Mental Hygiene

January 26, 2012

- Four Websites
- StateStat update
- Budget Overview
- Responses to DLS Issues

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## State Health Improvement Process (SHIP)

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**Latest News**

Health Care Innovations in Maryland (1-10-12)

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## Health Care Innovations in Maryland

**Welcome**

In this time of rising health care costs and tight budgets, Maryland's consumers, hospitals, clinicians, insurance plans and community groups are working together to develop creative programs that enhance patient care, improve population health and cut costs.

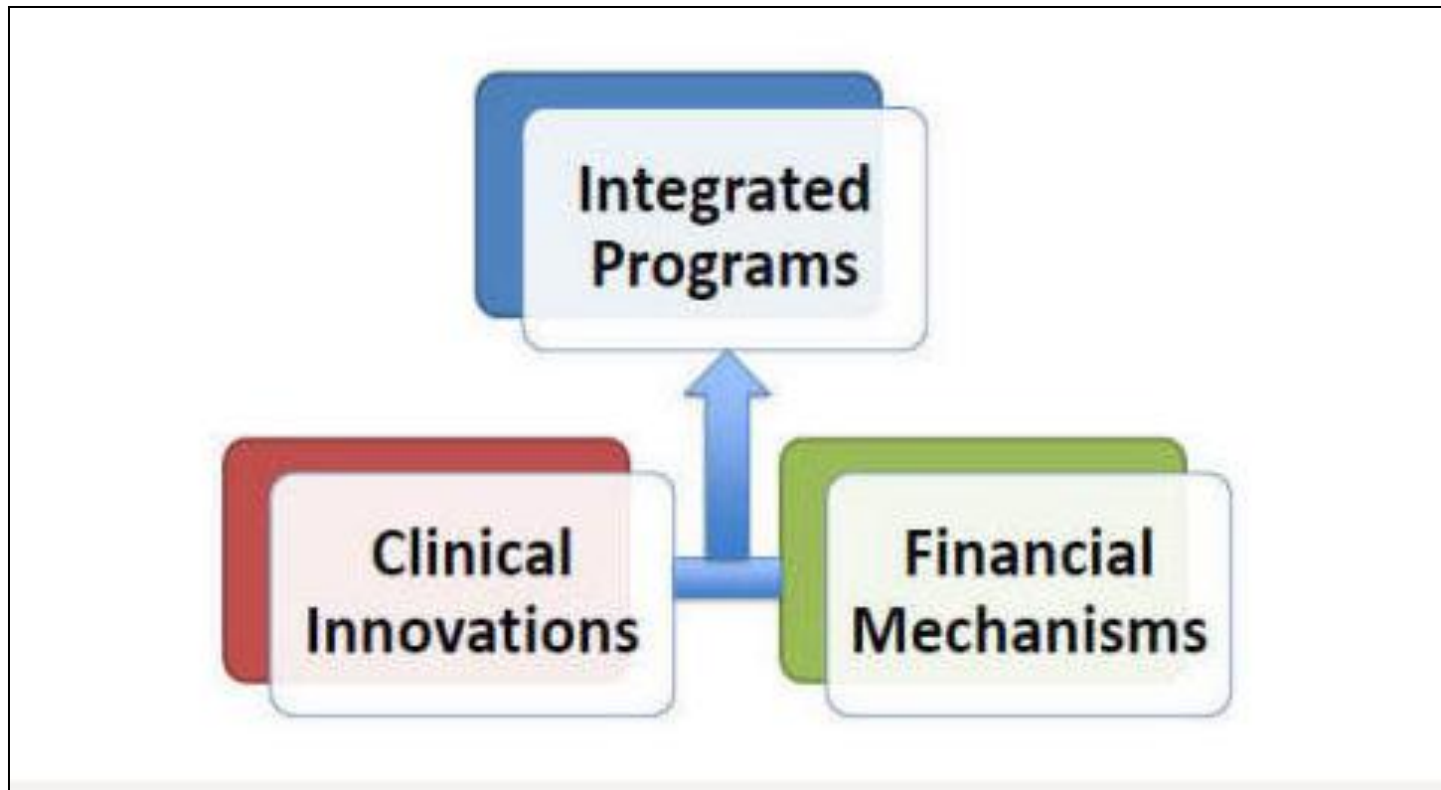
**About the Database**

The health care projects featured in this database are already delivering care in the state of Maryland. Search below to learn more about the future of Maryland's health care, and some of the innovative tools that will get us there.

GO RAVENS

**News Updates**

DHMH News Updates



<http://www.thecigartrap.com>

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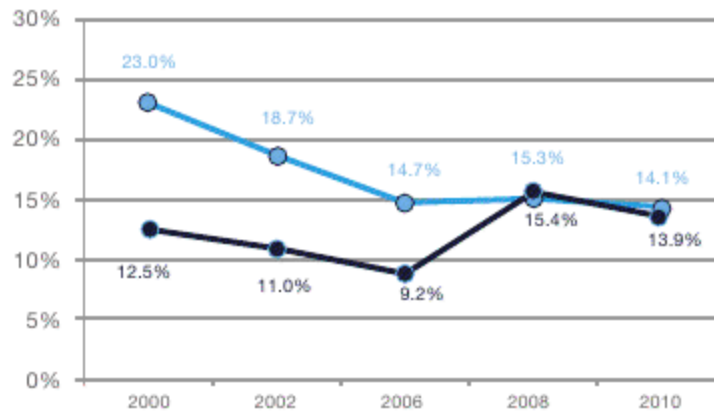


**THE CigarTrap**

**WARNING**. CIGARS ARE SOLD IN THE SAME FLAVORS & PRICES AS ICE CREAM. NO MATTER HOW THEY SUGARCOAT IT ... CIGARS KILL.



## Percent of High School Students < 18 Years Smoking Cigarettes and Cigars in Last 30 Days



Source: Maryland Youth Tobacco Survey



# http://www.chopchopmd.com



**THE FUN COOKING MAGAZINE FOR FAMILIES**  
**CHOP CHOP**  
**MARYLAND**  
[www.chopchopmag.org](http://www.chopchopmag.org)

**Welcome to ChopChop Maryland**

First Lady Katie O'Malley and the State of Maryland are launching a program to promote fun and healthy eating for families. When you sign up, you will receive monthly special recipes created by an award-winning chef using Maryland ingredients. You will also have a chance to win great prizes. You can join the fun by texting CHOPMD to code 43186!

You will receive no more than 5 messages per month and you can stop at any time by sending STOP MD to 43186. Send HELP MD for help, or call 1-877-RIPROAD. Message and data rates may apply.

[Haga clic aquí para traducción al español](#)



**Text**  
CHOP MD to  
43186

**Recipes**

**TO CANCEL, TEXT STOP MD to 43186**



## Maryland's Apple Crisp

Maryland is positively loaded with orchards—and there's no better fall outing than a sunny day of picking your own crisp, juicy apples. Over a dozen varieties grow here, from mellow, yellow Golden Delicious and classic red McIntosh to snackingly sweet Gala and bracingly tart Jonathan. Pick lots: they make perfect lunchbox treats, and you can bake up any extras into this crunchy-topped dessert.



**WASH** your hands with soap and water and dry them.

**CLEAN** the counter top with a sponge.

**CATHER** all your kitchen gear and ingredients and put them on the counter.

**SCRUB** all the fruits and vegetables and lay them out on a dish towel to dry.

**PREPARE** your ingredients, which means you may have to do something before you get started with the instructions.

### KITCHEN GEAR

Cutting board  
 Sharp knife (adult needed)  
 Measuring cup  
 Measuring spoons  
 Mixing bowl  
 8- x 8-inch baking pan  
 Mixing spoon  
 Metal spatula  
 Pot holder

**Core** means to cut out the seeds and hard parts from the inside.

### INGREDIENTS

**For the fruit filling:**  
 5-6 apples, washed, peeled, if you want, cored, and chopped  
 1 tablespoon maple syrup, honey or sugar  
 1 whole-wheat or all-purpose flour  
 1 teaspoon ground cinnamon  
**For the crisp topping:**  
 ¾ cup whole-wheat or all-purpose flour  
 ¾ cup rolled oats  
 ½ cup unsalted butter, melted  
 3 tablespoons sugar  
 ¼ teaspoon salt

### INSTRUCTIONS

- With the help of your adult, turn the oven on and set it to 350 degrees.
- To make the filling: Put the apples, sweetener, flour and cinnamon in the baking pan and stir well.
- To make the crisp topping: Put the flour, oats, butter, sugar and salt in the mixing bowl and mix until it looks like little pebbles. Pour the crisp topping on the apples and use your clean hands to move it around until the apples are evenly topped.
- With the help of your adult, put the baking pan in the oven and bake until the top is lightly browned and the apples are tender, about 1 hour.
- Set aside to cool a little bit. Serve warm or at room temperature or refrigerate and serve cold.

### Connect with us!

To receive monthly recipes using Maryland ingredients, text **CHOPMD** to code **43186!**  
 For Spanish, text **CHOPES** to code **43186.**

You will receive no more than 5 messages per month and you can stop at any time by sending STOP MD to 43186. Send HELP MD for help, or call 1-877-7-CHOPMD. Message and data rates may apply.



Dear Friends,

There is nothing like enjoying the value of the work it takes to make something yourself, and the joy of tasting something delicious that you've made together as a family.

As a mother of four, I know how important it is to have healthy meals with my family. Martin and I have a garden at home and we encourage Maryland families to improve their well-being, save money, and protect our environment by making healthy choices.

We hope you enjoy ChopChop Maryland.

Katie O'Malley,  
 First Lady of Maryland

## "HOW DO YOU LIKE THEM APPLES?"

MEANS "WHAT DO YOU THINK ABOUT THAT?"

### KNOW YOUR APPLES

A medium-sized apple is:

- Fat-free.
- Salt-free.
- Cholesterol-free, and that's good for your heart.
- An excellent source of fiber, and that's good for your digestion.
- Easy to carry with you for a snack.



**RED ROME**  
 Firm and slightly tart. Excellent for baking and all cooking purposes. A great keeping apple.



**JONAGOLD**  
 Orange-tinted, tangy-sweet and juicy. Superb eating, cooking and pie-making.



**RED DELICIOUS**  
 Bright red, sometimes striped and heart-shaped. Eat plain, or add to salads.



**GOLDEN DELICIOUS**  
 Yellow, mellow and sweet. Great for munching, baking and salads.



**McINTOSH**  
 Bright red and pale green. Juicy and slightly tart. Great for eating fresh and baking.

### BY THE NUMBERS:

There are over 7000 varieties of apples. In all 50 states.

The largest apple ever picked weighed 3 pounds. It takes about 36 apples to produce one gallon of cider.

Apples are related to roses. They are members of the same plant family.



Cut an apple in half crosswise, and you'll see its seed cases (called "carpels") arranged in a 5-pointed star.

The science of growing apples is called Pomology.



THE AARON STARKS  
 &  
 LILLIE STARKS  
 FOUNDATION, INC.

### SUBSCRIBE TO CHOPCHOP

The Fun Cooking Magazine for Families  
 4 great issues, just \$14.95!  
 To pay with a credit card, go to [chopchopmag.org](http://chopchopmag.org)

THE EXPRESSION  
**"AN APPLE A DAY  
 KEEPS THE  
 DOCTOR AWAY"**  
 IS BASED ON  
 THE FACT THAT APPLES  
 ARE SO GOOD FOR YOU!



- Four Websites
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- Budget Overview
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# StateStat Subject Areas

- Access to Care
- Asthma
- Birth Outcomes
- Emergency Preparedness
- Health Boards
- Infrastructure
- Laboratory
- Mental Health
- Nutrition
- Special Services
- Veterans
- Administration
- Alcohol and Drug Abuse Prevention and Treatment
- Developmental Disabilities
- Food Safety
- Health Care Cost and Quality
- Infectious Disease Prevention and Control
- Licensure and Oversight
- Million Hearts
- Staff Safety
- Tobacco Control
- Waste, Fraud and Abuse

# Example: Nutrition Measures

## Goals:

**Reduce hunger**

**Reduce obesity**

**Eliminate disparities in nutrition**

## Key Outcomes

1. Childhood obesity among low-income 2-5 year olds (BMI> 95th percentile)
2. Teen obesity (BMI>95th percentile)
3. Percentage of adults at a healthy weight
4. Pre-pregnancy obesity rate (BMI>30)
5. Percentage of youth who consume 5 or more fruits/vegetables daily
6. Percentage of adults who consume 5 or more fruits or vegetables each day
7. Percentage of households reporting “low” or “very low” food security
8. Breastfeeding rate at 8 weeks of age
9. Maryland birthing facilities composite quality practice score
10. Maryland birthing facilities composite rank

## Maps

1. Childhood obesity among low-income 2-5 year olds, by county
2. Percentage of obese adults by county
3. % adults consuming less than 5 servings of fruits or vegetables/day

**Strategy A:** Encourage a healthy lifestyle through Maryland businesses

1. Number of businesses participating in Healthiest Maryland Program
2. Number of employees in Healthiest Maryland Businesses

**Strategy B:** Increase breastfeeding rate

1. Maryland WIC rate of breastfeeding at six months of age

**Strategy C:** Increase healthy food access for families

1. Number of WIC vendors
2. Number of stores participating in Healthy Stores Program

**Strategy D:** Increase consumption of healthy food

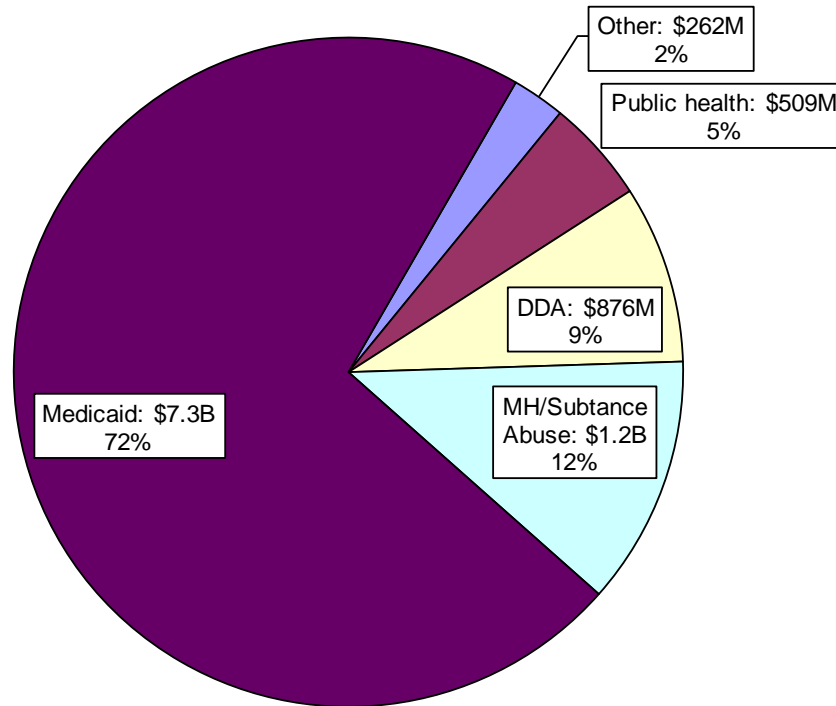
1. Percentage of WIC fruit and vegetable checks redeemed

**Strategy E:** Support participation in supplemental food programs

1. WIC participation
2. WIC participation coverage rate—Participation divided by assigned caseload
3. Number of WIC referrals to other supplemental food programs

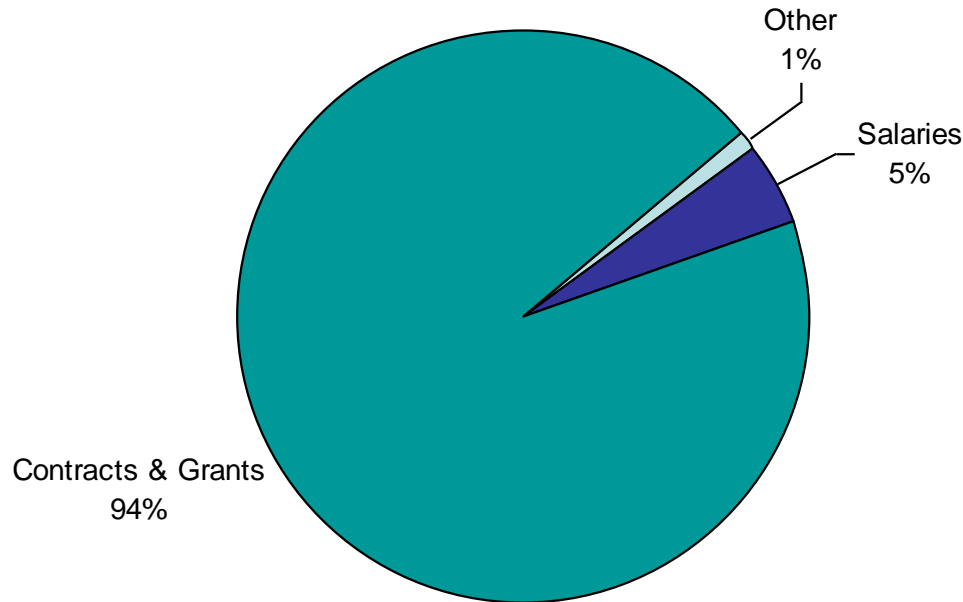
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# DHMH Fiscal 2013 Budget



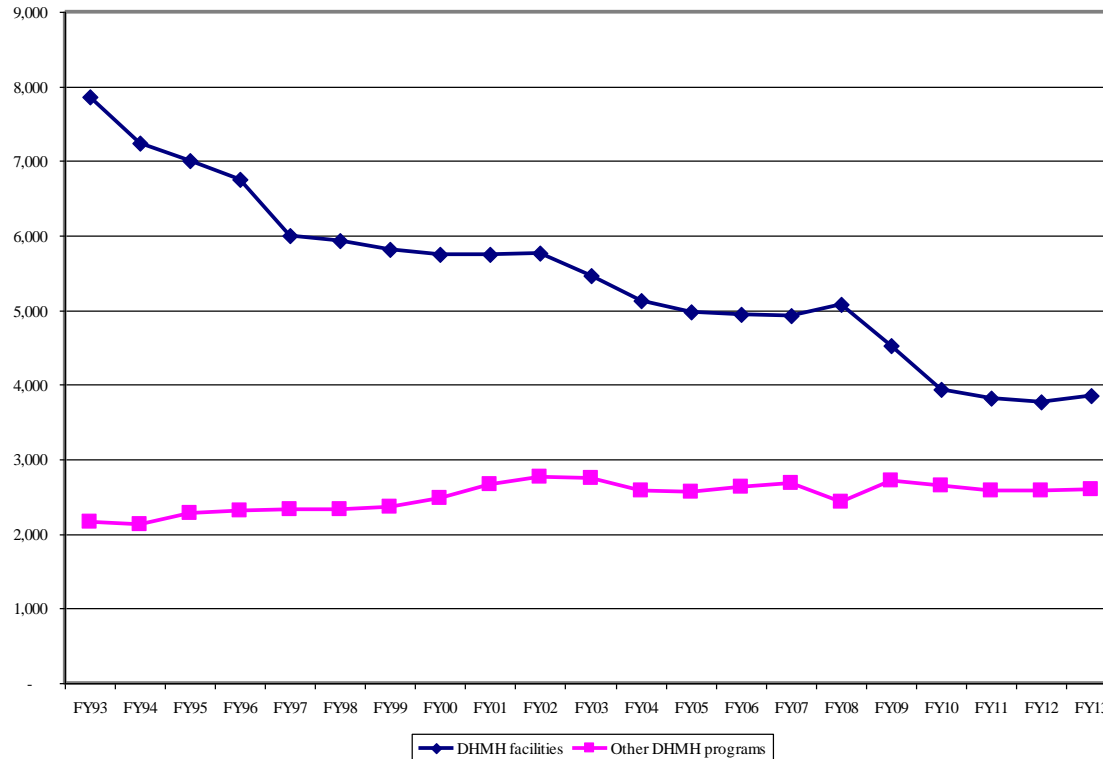
The fiscal 2013 budget for the Department of Health and Mental Hygiene is \$10.2 billion, which includes \$4.1 billion in State General Funds and \$4.7 billion in federal funds. More than 86% of total funds are dedicated to Medicaid-supported programs. In addition to traditional Medical Assistance, Medicaid provides funding for programs for those with developmentally disabilities, mental health and substance abuse disorders.

# Fiscal 2013 Expenditure Categories



Grants and contracts comprise the majority of department spending, with these expenditures supporting Medicaid, mental health, developmental disabilities, and other public health programs. Salary expenditures support 6,457 full-time equivalent positions and 392 contractual positions. Other expenditures include utilities, supplies, communication, vehicles, equipment and travel.

# Changes in State Positions by Location



The department's positions have been reduced from 10,026 in fiscal 1993 to 6,457 in fiscal 2013, a reduction of 3,569 positions or 36%. This decrease is the result of downsizing of State facilities and consolidating campuses.

In fiscal 2013 nearly 60% of all DHMH positions are located in State facilities that operate 24/7. Positions in other DHMH programs include Medicaid (606), public health (767), behavioral health (326), regulatory boards and commissions (546) and administration (355).

# Highlights

- 60,000 more Marylanders covered for health insurance
- 600 transitioning youth and >300 more individuals with disabilities at high risk into services
- \$4.4 million for Perkins Hospital Center improvements
- Lowest overall growth in at least five years (2.1%)

# Smart Investments--Examples

- Community-based long-term care
- Primary care
- Supportive housing for individuals with mental illness, disabilities and substance abuse
- Disparity reduction

### **Developmental Disabilities**

The budget includes \$27.3 million to support progress for individuals with developmental disabilities in Maryland and their families. This includes:

- \$15 million to continue the waiting list initiative, helping more Marylanders receive community services;
- \$6.2 million to provide services for an estimated 600 new transitioning youth;
- \$4.6 million to increase rates for DDA providers to match rate increases for state employees (SB 633);
- \$ 1 million for a housing initiative for the developmentally disabled and mentally ill; and
- \$ 500,000 to strengthen community forensic programming

### **Community Services**

The budget includes \$18.4 million to support a broad range of critical community health services. This includes:

- \$7.4 million to keep enrollment open in the Primary Adult Care program, which covers outpatient primary care, substance abuse, and pharmacy benefits;
- \$5.3 million to support long-term recovery and housing for substance abuse patients statewide;
- \$3 million to increase rates for mental health providers to match rate increases for state employees (SB 633);
- \$1.5 million to support a chronic health home pilot program, focusing on the needs of individuals with significant behavioral and medical conditions;
- \$700,000 to allow Medicaid to support full participation by private practitioners in the patient-centered medical home pilot; and
- \$500,000 to support a fund for identification cards for the homeless.

### **Rebalancing**

The budget includes \$14.3 million to expand and strengthen community-based services and reduce the need to rely on institutions for long-term care. This includes:

- \$4.5 million for a 180 slot expansion of the Living at Home Waiver;
- \$4.5 million for a 300 slot expansion of the Older Adults Waiver;
- \$2.5 million for a 1.5% rate increase for community-based Medicaid providers;
- \$1.8 million to increase utilization of existing older adults waiver spots; and
- \$950,000 for enhanced case management services for participants in the Older Adults waiver.

### **Health Enterprise Zones**

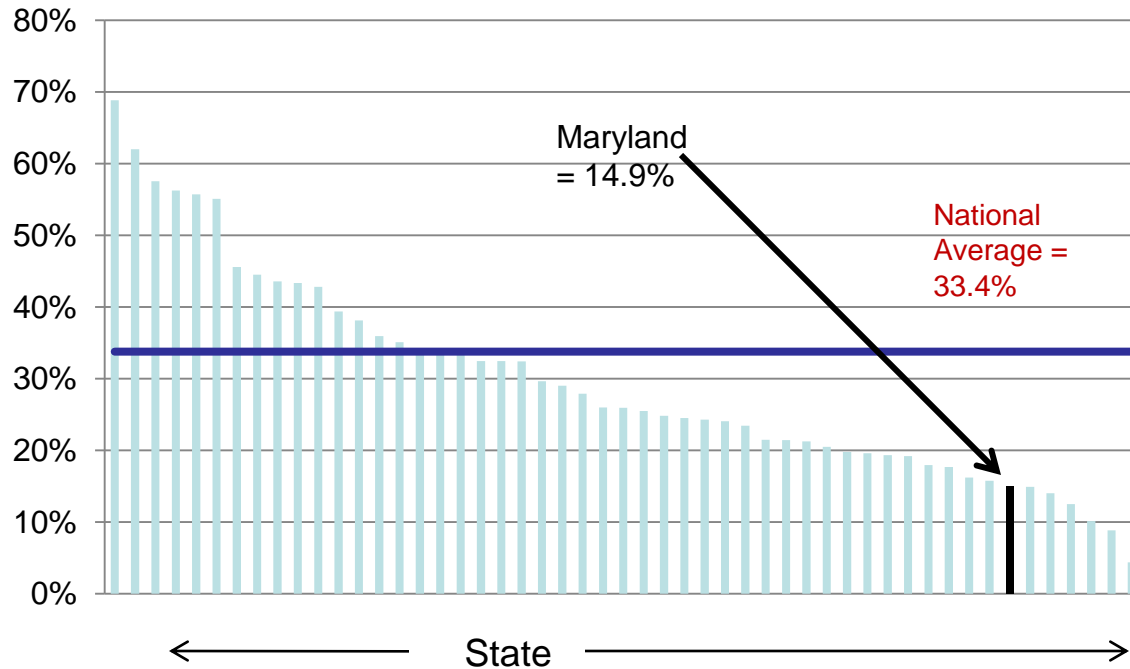
The budget includes \$4 million to support an innovative pilot approach to reducing health disparities through community-based expansions of care and services.

# Alcohol tax funding



# Maryland has among the lowest proportion of Medicaid spending for home and community-based services (HCBS) vs. institutional services in the nation.

Figure 14: Percentage of Medicaid Long-Term Services and Supports Spending for Home and Community-Based Services: Older Adults and Persons with Physical Disabilities 2009



Source: The Hilltop Institute

# Smart Savings--Examples

- Assure eligibility for federal programs
- Tiered outpatient clinic rates
- Behavioral health fraud team
- Appropriate access policies for atypical antipsychotic medications

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# Topics

- PPACA
- MFR
- Vital records
- Other topics



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