






# Health Benefits



*Putting the pieces together to improve your health*

**OPEN ENROLLMENT:** OCTOBER 15, 2015 TO NOVEMBER 16, 2015 / **PLAN YEAR BEGINS:** JANUARY 1, 2016

-  Check out the Wellness tab of our website listed below for Wellness Program requirements.
-  Healthcare Flexible Spending Account (FSA) increasing to \$2,550.
-  Be sure to attend one of more than 100 statewide health fairs open to all employees, retirees, and their eligible dependents.

**Visit [www.dbm.maryland.gov/benefits](http://www.dbm.maryland.gov/benefits) for more information!**

**State of Maryland**  
**Department of Budget & Management**  
**Employee Benefits Division**  
301 W. Preston St., Room 510  
Baltimore, MD 21201

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**Open Enrollment: October 15, 2015 to November 16, 2015**

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PLAN YEAR BEGINS JANUARY 1, 2016

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