Shingles Vaccine

Shingles, also known as zoster or herpes zoster, is a painful rash that can occur in any age group. However, about half of all cases occur among men and women 60 years old or older. There is a vaccine against shingles, and the State of Maryland Health Plan covers the shingles vaccine for members age 60 or older.

Health Plan	Where to get a shingles vaccine (age 60 or older)
CareFirst	Members can obtain the shingles vaccine from an in-network provider at no copay.
	Physician's Office: Members can visit their doctor's office to get the shingles and the physician will submit the claim for the member.
	Check with your physician or primary care provider if you have questions about whether to receive a vaccine, as there may be age and condition restrictions.
	Pharmacy: As part of the CareFirst network, the shingles vaccine is available in-network at <u>CVS</u> , <u>Rite Aid</u> , <u>Walgreens</u> and <u>Target Pharmacy</u> located in the CareFirst service area of Maryland, DC and Northern Virginia. The pharmacist will submit a claim according to the member's medical plan.
	Members residing outside the service area (MD, DC, and Northern VA) can obtain their shingles vaccine from their in- network provider at a zero copayment.
	Other Options: Members can also receive a vaccine at a retail pharmacy or a retail clinic that does not participate in the CareFirst Medical Networks. If the vaccine is received from a non-participating provider, the member would be responsible for submitting a medical claim form, along with an itemized receipt that includes the cost of the drug and the administration fee. Medical claim forms are available on www.carefirst.com. Click on the Forms section in the For Members section. You may be asked to pay the full price of the vaccine(s) at the time of service.
Kaiser	Adults who are age 60 years or older and have no history of prior receipt of zoster vaccine. The KP Provider will perform a patient assessment and will screen patients using inclusion and exclusion criteria to determine eligibility for vaccine

	administration.
	Physician's Office: Members can visit their doctor's office to get the shingles vaccine from their provider at no copayment to them.
	For more information about Shingles members can visit <u>kp.org</u> or <u>my.kp.org/maryland</u> under the Health & Wellness tab.
United Healthcare	Members can obtain the vaccination through 3 avenues:
Healthcare	 Nationwide Pharmacy: Walgreens, Target Pharmacy, <u>Rite Aid, Safeways Pharmacy</u>, and <u>Kmart Pharmacy</u> are contracted with United Healthcare to administer the Shingles vaccine. If pharmacies are unable to bill the medical plan, members will need to be pay out of pocket and be reimbursed. Medical Claim Forms can be found on <u>myuhc.com</u> or <u>uhcmaryland.com</u>. Physician's office: While the vaccination can be administered at the physician's office, because the vaccine must be refrigerated, not all Physicians' offices carry the Zoster vaccine. If the Physician's office will administer the vaccine but does not have it on hand, the member may call Optum RX, the Specialty Pharmacy, at 1-888-739-5820 to order the vaccine. The Pharmacy will contact the doctor to obtain the prescription. The vaccine will then be mailed to the doctor or the member depending on the member's preference. Participating Urgent Care/Walk-in Center: Urgent Care Centers that carry the shingles vaccine can also administer the shingles vaccine. The member can contact their local Urgent Care Center to confirm and to schedule an appointment. All Urgent Care Centers require a Doctor's Order.