



# Health Benefits

Together, we are working toward a healthier community.

## MAY 2024 SPRING WELLNESS FAIRS

### **Monday, May 6**

10:00 am – 10:30 am	<a href="#">Carefirst</a>	<a href="#">United Healthcare</a>	<a href="#">Kaiser Permanente</a>
10:30 am – 11:00 am	<a href="#">CVS</a>		
11:00 am – 11:30 am	<a href="#">P&amp;A Group</a>		
11:30 am – 12:00 pm	<a href="#">MetLife</a>		
12:00 pm – 12:30 pm	<a href="#">CVS</a>		
12:30 pm – 1:00 pm	<a href="#">Carefirst</a>	<a href="#">United Healthcare</a>	<a href="#">Kaiser Permanente</a>
1:00 pm – 1:30 pm	<a href="#">Delta Dental</a>	<a href="#">United Concordia</a>	
1:30 pm – 2:00 pm	<a href="#">CVS</a>		
2:00 pm – 2:30 pm	<a href="#">MetLife</a>		
2:30 pm – 3:00 pm	<a href="#">MyMDCARES</a>		
3:00 pm – 3:30 pm	<a href="#">Delta Dental</a>	<a href="#">United Concordia</a>	

### **Tuesday, May 7**

10:00 am – 10:30 am	<a href="#">Delta Dental</a>	<a href="#">United Concordia</a>	
10:30 am – 11:00 am	<a href="#">CVS</a>		
11:00 am – 11:30 am	<a href="#">Carefirst</a>	<a href="#">United Healthcare</a>	<a href="#">Kaiser Permanente</a>
11:30 am – 12:00 pm	<a href="#">Delta Dental</a>	<a href="#">United Concordia</a>	
12:00 pm – 12:30 pm	<a href="#">MetLife</a>		
12:30 pm – 1:00 pm	<a href="#">P&amp;A Group</a>		
1:00 pm – 1:30 pm	<a href="#">Carefirst</a>	<a href="#">United Healthcare</a>	<a href="#">Kaiser Permanente</a>
1:30 pm – 2:00 pm	<a href="#">MyMDCARES</a>		
2:00 pm – 2:30 pm	<a href="#">CVS</a>		
2:30 pm – 3:00 pm	<a href="#">MetLife</a>		
3:00 pm – 3:30 pm	<a href="#">P&amp;A Group</a>		



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## MAY 2024 SPRING WELLNESS FAIRS

### **Wednesday, May 8**

10:00 am – 10:30 am

[CVS](#)

10:30 am – 11:00 am

[Delta Dental](#) [United Concordia](#)

11:00 am – 11:30 am

[MyMDCARES](#)

11:30 am – 12:00 pm

[P&A Group](#)

12:00 pm – 12:30 pm

[Delta Dental](#) [United Concordia](#)

12:30 pm – 1:00 pm

[Carefirst](#) [United Healthcare](#) [Kaiser Permanente](#)

1:00 pm – 1:30 pm

[MetLife](#)

1:30 pm – 2:00 pm

[P&A Group](#)

2:00 pm – 2:30 pm

[MyMDCARES](#)

2:30 pm – 3:00 pm

[Carefirst](#) [United Healthcare](#) [Kaiser Permanente](#)

3:00 pm – 3:30 pm

[MetLife](#)

### **Thursday, May 9**

10:00 am – 10:30 am

[P&A Group](#)

10:30 am – 11:00 am

[MetLife](#)

11:00 am – 11:30 am

[CVS](#)

11:30 am – 12:00 pm

[Delta Dental](#) [United Concordia](#)

12:00 pm – 12:30 pm

[Carefirst](#) [United Healthcare](#) [Kaiser Permanente](#)

12:30 pm – 1:00 pm

[MyMDCARES](#)

1:00 pm – 1:30 pm

[Delta Dental](#) [United Concordia](#)

1:30 pm – 2:00 pm

[MetLife](#)

2:00 pm – 2:30 pm

[P&A Group](#)

2:30 pm – 3:00 pm

[CVS](#)

3:00 pm – 3:30 pm

[Carefirst](#) [United Healthcare](#) [Kaiser Permanente](#)



# Health Benefits

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MAY 2024 SPRING WELLNESS FAIRS

## **Monday, May 13**

10:00 am – 10:30 am	<a href="#">Carefirst</a>	<a href="#">United Healthcare</a>	<a href="#">Kaiser Permanente</a>
10:30 am – 11:00 am	<a href="#">MyMDCARES</a>		
11:00 am – 11:30 am	<a href="#">Delta Dental</a>	<a href="#">United Concordia</a>	
11:30 am – 12:00 pm	<a href="#">MetLife</a>		
12:00 pm – 12:30 pm	<a href="#">CVS</a>		
12:30 pm – 1:00 pm	<a href="#">P&amp;A Group</a>		
1:00 pm – 1:30 pm	<a href="#">Carefirst</a>	<a href="#">United Healthcare</a>	<a href="#">Kaiser Permanente</a>
1:30 pm – 2:00 pm	<a href="#">CVS</a>		
2:00 pm – 2:30 pm	<a href="#">Delta Dental</a>	<a href="#">United Concordia</a>	
2:30 pm – 3:00 pm	<a href="#">MetLife</a>		
3:00 pm – 3:30 pm	<a href="#">P&amp;A Group</a>		

## **Tuesday, May 14**

10:00 am – 10:30 am	<a href="#">Delta Dental</a>	<a href="#">United Concordia</a>	
10:30 am – 11:00 am	<a href="#">MetLife</a>		
11:00 am – 11:30 am	<a href="#">P&amp;A Group</a>		
11:30 am – 12:00 pm	<a href="#">Carefirst</a>	<a href="#">United Healthcare</a>	<a href="#">Kaiser Permanente</a>
12:00 pm – 12:30 pm	<a href="#">MyMDCARES</a>		
12:30 pm – 1:00 pm	<a href="#">Delta Dental</a>	<a href="#">United Concordia</a>	
1:00 pm – 1:30 pm	<a href="#">MetLife</a>		
1:30 pm – 2:00 pm	<a href="#">P&amp;A Group</a>		
2:00 pm – 2:30 pm	<a href="#">Carefirst</a>	<a href="#">United Healthcare</a>	<a href="#">Kaiser Permanente</a>
2:30 pm – 3:00 pm	<a href="#">CVS</a>		
3:00 pm – 3:30 pm	<a href="#">MyMDCARES</a>		



# Health Benefits

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MAY 2024 SPRING WELLNESS FAIRS

## **Wednesday, May 15**

10:00 am – 10:30 am	<a href="#">CVS</a>		
10:30 am – 11:00 am	<a href="#">Delta Dental</a>	<a href="#">United Concordia</a>	
11:00 am – 11:30 am	<a href="#">CVS</a>		
11:30 am – 12:00 pm	<a href="#">P&amp;A Group</a>		
12:00 pm – 12:30 pm	<a href="#">MetLife</a>		
12:30 pm – 1:00 pm	<a href="#">Carefirst</a>	<a href="#">United Healthcare</a>	<a href="#">Kaiser Permanente</a>
1:00 pm – 1:30 pm	<a href="#">CVS</a>		
1:30 pm – 2:00 pm	<a href="#">MyMDCARES</a>		
2:00 pm – 2:30 pm	<a href="#">Delta Dental</a>	<a href="#">United Concordia</a>	
2:30 pm – 3:00 pm	<a href="#">P&amp;A Group</a>		
3:00 pm – 3:30 pm	<a href="#">Carefirst</a>	<a href="#">United Healthcare</a>	<a href="#">Kaiser Permanente</a>

## **Thursday, May 16**

10:00 am – 10:30 am	<a href="#">MetLife</a>		
10:30 am – 11:00 am	<a href="#">P&amp;A Group</a>		
11:00 am – 11:30 am	<a href="#">MyMDCARES</a>		
11:30 am – 12:00 pm	<a href="#">Delta Dental</a>	<a href="#">United Concordia</a>	
12:00 pm – 12:30 pm	<a href="#">Carefirst</a>	<a href="#">United Healthcare</a>	<a href="#">Kaiser Permanente</a>
12:30 pm – 1:00 pm	<a href="#">CVS</a>		
1:00 pm – 1:30 pm	<a href="#">Delta Dental</a>	<a href="#">United Concordia</a>	
1:30 pm – 2:00 pm	<a href="#">MetLife</a>		
2:00 pm – 2:30 pm	<a href="#">P&amp;A Group</a>		
2:30 pm – 3:00 pm	<a href="#">Carefirst</a>	<a href="#">United Healthcare</a>	<a href="#">Kaiser Permanente</a>
3:00 pm – 3:30 pm	<a href="#">CVS</a>		