This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan documents at www.dbm.maryland.gov/benefits or by calling 410-767-4775 or 1-800-307-8283.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	None	See the chart starting on page 2 for your costs for services this plan covers.
Are there other deductibles for specific services?	No	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an out–of–pocket limit on my expenses?	Yes; Copayments: $1,500/individual & $3,000/family	The out-of-pocket limit is the most you could pay in copayments during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out–of–pocket limit?	Premiums, balance-billed charges, healthcare not covered under this plan, and penalties for failure to obtain preauthorization for services.	Even though you pay these expenses, they don't count toward the out–of–pocket limit.
Is there an overall annual limit on what the plan pays?	No	The chart starting on page 2 describes any limits on what the plan will pay for *specific* covered services, such as office visits.
Does this plan use a network of providers?	Yes. For a list of in-network providers visit www.carefirst.com/statemd or call 800-225-0131.	If you use an in-network doctor or other healthcare **provider**, this plan will pay some or all of the costs of covered services. Plans use the term in-network, **preferred**, or participating for **providers** in their **network**. See the chart starting on page 2 for how this plan pays different kinds of **providers**.
Do I need a referral to see a specialist?	No	You can see any in-network **specialist** you choose without permission from this plan. There is no coverage for services received out-of-network under this plan except for a true medical emergency.
Are there services this plan doesn't cover?	Yes	Some of the services this plan doesn't cover are listed on page 6. See your policy or plan document for additional information about **excluded services**.

- **Copayments** (copays) are fixed dollar amounts (for example, $15) you pay for covered healthcare, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the **plan**'s **allowed amount** for an overnight in-network hospital stay is $1,000, the cost would be covered in full since this **plan** does not require **coinsurance**.
- This **plan** requires you to use in-network **providers** and requires only the payment of **copayments**.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a healthcare provider's office or clinic	Primary care visit to treat an injury or illness	$15 copay	You must pay all charges billed by provider.	none
	Specialist visit	$30 copay	You must pay all charges billed by provider.	none
	Other practitioner office visit	$30 copay for Chiropractic & Acupuncture Services	You must pay all charges billed by provider.	Acupuncture is only covered for chronic pain management. Preauthorization required.
	Preventive care/screening/immunization	No Charge	You must pay all charges billed by provider.	Age and frequency schedules may apply.
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	You must pay all charges billed by provider.	none
	Imaging (CT/PET scans, MRIs)	No Charge	You must pay all charges billed by provider.	none
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at www.express-scripts.com or by calling 1-877-213-3867.	Generic drugs	$10 copay (1-45 day supply); $20 copay (46-90 day supply)		**Outpatient Prescription Drug coverage is not included in your medical plan.** You elect this coverage separately from your medical plan. The plan is administered by Express Scripts; you receive a separate ID card and pay a separate premium for prescription coverage. Review the State of Maryland's website at www.dbm.maryland/benefits for more details.
	Preferred brand drugs	$25 copay (1-45 day supply); $50 copay (46-90 day supply)		
	Non-preferred brand drugs	$40 copay (1-45 day supply); $80 copay (46-90 day supply)		
	Specialty drugs	Copay and drug supply limit varies by type of drug.		

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	You must pay all charges billed by provider.	Must be preauthorized by plan.
	Physician/surgeon fees	No Charge	You must pay all charges billed by provider.	Must be preauthorized by plan.
If you need immediate medical attention	Emergency room services	$150 copay	$150 copay	Copay waived if admitted. If criteria are not met for a medical emergency, the plan coverage is 50% after copay.
	Emergency medical transportation	No Charge	No Charge	——————none——————
	Urgent care center	$30 copay	You must pay all charges billed by provider.	——————none——————
If you have a hospital stay	Facility fee (e.g., hospital room)	No Charge	You must pay all charges billed by provider.	Preauthorization required 20% non-compliance penalty
	Physician/surgeon fee	No Charge	You must pay all charges billed by provider.	
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	$15 copay for office visits; No Charge for non-office visits	You must pay all charges billed by provider.	——————none——————
	Mental/Behavioral health inpatient services	No Charge	You must pay all charges billed by provider.	Preauthorization required 20% non-compliance penalty
	Substance use disorder outpatient services	$15 copay for office visits; No Charge for non-office visits	You must pay all charges billed by provider.	Must be preauthorized by plan.
	Substance use disorder inpatient services	No Charge	You must pay all charges billed by provider.	Preauthorization required 20% non-compliance penalty
If you are pregnant	Prenatal and postnatal care	No Charge	You must pay all charges billed by provider.	Additional copays or preauthorization requirements may apply to postnatal care.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
	Delivery and all inpatient services	No Charge	You must pay all charges billed by provider.	none
Common Medical Event	**Services You May Need**	**Your Cost If You Use an In-network Provider**	**Your Cost If You Use an Out-of-network Provider**	**Limitations & Exceptions**
If you need help recovering or have other special health needs	Home healthcare	No Charge	You must pay all charges billed by provider.	Limited to 120 days per plan year.
	Rehabilitative services	$30 copay per day	You must pay all charges billed by provider.	Limited to 50 combined days per plan year for Speech, Occupational, and Physical Therapy. One day may include multiple visits, but copay will only be applied on a per day basis. Occupational and physical therapy Must be preauthorized after 6th visit; speech therapy must be preauthorized from 1st visit.
	Habilitative services	$30 copay per day	You must pay all charges billed by provider.	No limit of treatment for children under 19 with congenital or genetic birth defects including autism, autism spectrum disorder, and cerebral palsy. Must be preauthorized by plan. Over age 19 members visits are limited to 50 combined visits for therapies.
	Skilled nursing care	No Charge	You must pay all charges billed by provider.	Limited to 180 days per plan year. Must be preauthorized by plan.
	Durable medical equipment	No Charge	You must pay all charges billed by provider.	Preauthorization required if over $1,000.
	Hospice service	No Charge	You must pay all charges billed by provider.	Must be preauthorized by plan.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If your child needs dental or eye care	Eye exam	Routine Annual Visit covered at 100% Non-Routine Visit: $15 copay (PCP); $30 copay (specialist)	You must pay all charges billed by provider.	Coverage is limited to one routine eye exam per plan year.
	Glasses	100% of allowed benefit for children under 19.	No Coverage	
	Dental check-up	Covered under separate dental plans. UCCI provides the DPPO option, and Delta Dental the DHMO.	Out-of-network coverage available under the DPPO plan only.	You receive a separate ID card and pay a separate premium for dental coverage. **You must enroll in one of the dental plans to have dental coverage.** For more information on the DPPO call United Concordia at 1-888-638-3384 or www.unitedconcordia.com/statemd. For information on the DHMO please call Delta Dental at 1-844-697-0578 or www.deltadentalins.com/statemd.

Excluded Services & Other Covered Services:

Services Your Medical Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Cosmetic surgery
- Dental care (Adult/Child) (unless dental coverage is elected through United Concordia or Delta Dental)
- Long-term care
- Outpatient prescription drug (unless prescription coverage is elected through Express Scripts)
- Routine foot care

Other Covered Medical Services (This isn't a complete list. Check your policy, plan document, or benefits guide for other covered services and your costs for these services.)

- Acupuncture
- Chiropractic care
- Bariatric surgery
- Private-duty nursing
- Home healthcare
- Hearing aids covered once every 36 months
- Infertility Treatment – Artificial insemination and In vitro. Restrictions apply.
- Emergency care when traveling outside the U.S.
- Routine eye care (Adult)

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.
For more information on your rights to continue coverage, contact the Employee Benefits Division at 1-800-307-8283. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Employee Benefits Division at 410-767-4775, the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.
Additionally, the Office of Health Insurance Consumer Assistance can help you file an **appeal**. Contact information: 1-877-261-8807; heau@oag.state.md.us; or http://www.oag.state.md.us/Consumer/HEAU.htm

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy does provide minimum essential coverage.

Does this Coverage Provide Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60 percent of total allowed costs. This health coverage does meet the minimum value standard for the benefits it provides.

Questions: Call 410-767-4775 or 1-800-307-8283 or email us at EBD.MAIL@maryland.gov or visit us at www.dbm.maryland.gov/benefits
If you aren't clear about any of the bolded & underlined terms used in this form, see the Glossary at www.dbm.maryland.gov/benefits

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.

This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby
(normal delivery)

- **Amount owed to providers:** $7,540
- **Plan pays** $7,370
- **Patient pays** $170

Sample care costs:

Hospital charges (mother)	$2,700
Routine obstetric care	$2,100
Hospital charges (baby)	$900
Anesthesia	$900
Laboratory tests	$500
Prescriptions	$200
Radiology	$200
Vaccines, other preventive	$40
Total	**$7,540**

Patient pays:

Deductibles	$0
Medical Copayment	$0
Prescription Copayment	$20
Coinsurance	$0
Limits or exclusions	$150
Total	**$170**

Managing type 2 diabetes
(routine maintenance of a well-controlled condition)

- **Amount owed to providers:** $5,400
- **Plan pays** $4,770
- **Patient pays** $630

Sample care costs:

Prescriptions	$2,900
Medical Equipment and Supplies	$1,300
Office Visits and Procedures	$700
Education	$300
Laboratory tests	$100
Vaccines, other preventive	$100
Total	**$5,400**

Patient pays:

Deductibles	$0
Medical Copayment	$150
Prescription Copayment	$400
Coinsurance	$0
Limits or exclusions	$80
Total	**$630**

The coverage examples are based on the experience of one covered member or dependent regardless of coverage level.

Questions and Answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✘ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✘ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as flexible spending accounts (FSAs) that help you pay out-of-pocket expenses.