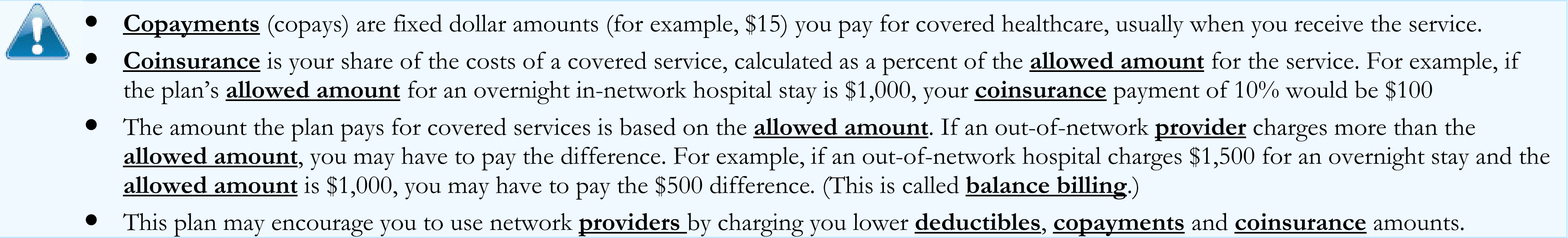
**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan documents at www.dbm.maryland.gov/benefits or by calling 410-767-4775 or 1-800-307-8283.

| Important Questions | Answers | Why this Matters: |
|---|---|---|
| **What is the overall deductible?** | Per plan year: In-Network: **None**<br>Out-of-Network: **$250** per Individual/ **$500** per Family<br>Does not include copays and is separate from coinsurance. | You must pay all the costs up to the **deductible** amount before this plan begins to pay for covered services you receive out-of-network. Check your policy or plan document to see when the **deductible** starts over (January 1). See the chart starting on page 2 for how much you pay for covered services after you meet the **deductible**. |
| **Are there other deductibles for specific services?** | No | You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers. |
| **Is there an out–of–pocket limit on my expenses?** | Coinsurance: In-network: **$1,000** per Individual /**$2,000** per Family; Out-of-network: **$3,000** per Individual/ **$6,000** per Family<br>Copayment: In-network: **$1,000** per Individual/**$2,000** per Family; Out-of-network **None** | The out-of-pocket limit is the most you could pay in copayments during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses. |
| **What is not included in the out–of–pocket limit?** | Premiums, balance-billed charges, healthcare not covered under this plan, and penalties for failure to obtain preauthorization for services. | Even though you pay these expenses, they don't count toward the out–of–pocket limit. |
| **Is there an overall annual limit on what the plan pays?** | No | The chart starting on page 2 describes any limits on what the plan will pay for *specific* covered services, such as office visits. |
| **Does this plan use a network of providers?** | Yes. For a list of in-network providers visit www.carefirst.com/statemd or call 800-225-0131. | If you use an in-network doctor or other healthcare **provider**, this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network **provider** for some services. Plans use the term in-network, **preferred**, or participating for **providers** in their **network**. |
| **Do I need a referral to see a specialist?** | No | You can see any **specialist** you choose without permission from this plan. However, your costs will be different for an in-network specialist than an out-of-network specialist. |
| **Are there services this plan doesn't cover?** | Yes | Some of the services this plan doesn't cover are listed on page 6. See your policy or plan document for additional information about **excluded services**. |



- **Copayments** (copays) are fixed dollar amounts (for example, $15) you pay for covered healthcare, usually when you receive the service.
- **Coinsurance** is your share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight in-network hospital stay is $1,000, your **coinsurance** payment of 10% would be $100
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges $1,500 for an overnight stay and the **allowed amount** is $1,000, you may have to pay the $500 difference. (This is called **balance billing**.)
- This plan may encourage you to use network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

| Common Medical Event | Services You May Need | Your Cost If You Use an In-network Provider | Your Cost If You Use an Out-of-network Provider | Limitations & Exceptions |
|---|---|---|---|---|
| **If you visit a healthcare provider's office or clinic** | Primary care visit to treat an injury or illness | $15 copay | 30% coinsurance after deductible | ——none—— |
| | Specialist visit | $30 copay | 30% coinsurance after deductible | ——none—— |
| | Other practitioner office visit | $30 copay for Chiropractic & Acupuncture | 30% coinsurance after deductible | Acupuncture is only covered for chronic pain management. Preauthorization required. |
| | Preventive care/screening/immunization | No Charge | 30% coinsurance after deductible | Age and frequency schedules may apply. |
| **If you have a test** | Diagnostic test (x-ray, blood work) | No Charge | 30% coinsurance after deductible | ——none—— |
| | Imaging (CT/PET scans, MRIs) | No Charge | 30% coinsurance after deductible | ——none—— |
| **If you need drugs to treat your illness or condition**<br><br>More information about **prescription drug coverage** is available at www.express-scripts.com or by calling 1-877-213-3867. | Generic drugs | $10 copay (1-45 day supply); $20 copay (46-90 day supply) | | **Outpatient Prescription Drug coverage is not included in your medical plan.** You elect this coverage separately from your medical plan. The plan is administered by Express Scripts; you receive a separate ID card and pay a separate premium for prescription coverage.<br><br>Review the State of Maryland's website at www.dbm.maryland/benefits for more details. |
| | Preferred brand drugs | $25 copay (1-45 day supply); $50 copay (46-90 day supply) | | |
| | Non-preferred brand drugs | $40 copay (1-45 day supply); $80 copay (46-90 day supply) | | |
| | Specialty drugs | Copay and drug supply limit varies by type of drug. | | |

| Common Medical Event | Services You May Need | Your Cost If You Use an In-network Provider | Your Cost If You Use an Out-of-network Provider | Limitations & Exceptions |
|---|---|---|---|---|
| **If you have outpatient surgery** | Facility fee (e.g., ambulatory surgery center) | 10% coinsurance | 30% coinsurance after deductible | Must be preauthorized by plan. |
| | Physician/surgeon fees | 10% coinsurance | 30% coinsurance after deductible | Must be preauthorized by plan. |
| **If you need immediate medical attention** | Emergency room services | $150 copay | $150 copay | Copay waived if admitted. If criteria are not met for a medical emergency, the plan coverage is 50% after copay. |
| | Emergency medical transportation | No Charge | No Charge | none |
| | Urgent care center | $30 copay | 30% coinsurance after deductible | none |
| **If you have a hospital stay** | Facility fee (e.g., hospital room) | 10% coinsurance | 30% coinsurance after deductible | Preauthorization required 20% non-compliance penalty |
| | Physician/surgeon fee | 10% coinsurance | 30% coinsurance after deductible | |
| **If you have mental health, behavioral health, or substance abuse needs** | Mental/Behavioral health outpatient services | $15 copay for office visits; 10% coinsurance for non-office visits | 30% coinsurance after deductible | none |
| | Mental/Behavioral health inpatient services | 10% coinsurance | 30% coinsurance after deductible | Preauthorization required 20% non-compliance penalty |
| | Substance use disorder outpatient services | $15 copay for office visits; 10% coinsurance for non-office visits | 30% coinsurance after deductible | Must be preauthorized by plan. |
| | Substance use disorder inpatient services | 10% coinsurance | 30% coinsurance after deductible | Preauthorization required 20% non-compliance penalty |
| **If you are pregnant** | Prenatal and postnatal care | No Charge | 30% coinsurance after deductible | Additional copays or preauthorization requirements may apply to postnatal care. |
| | Delivery and all inpatient services | 10% coinsurance | 30% coinsurance after deductible | none |

| Common Medical Event | Services You May Need | Your Cost If You Use an In-network Provider | Your Cost If You Use an Out-of-network Provider | Limitations & Exceptions |
|---|---|---|---|---|
| **If you need help recovering or have other special health needs** | Home healthcare | 10% coinsurance | 30% coinsurance after deductible | Limited to 120 days per plan year. |
| | Rehabilitative services | $30 copay per day | 30% coinsurance after deductible | Limited to 50 combined days per plan year for Speech, Occupational, and Physical Therapy. One day may include multiple visits, but copay will only be applied on a per day basis. Occupational and physical therapy Must be preauthorized after 6th visit; speech therapy must be preauthorized from 1st visit. |
| | Habilitative services | $30 copay per day | 30% coinsurance after deductible | No limit of treatment for children under 19 with congenital or genetic birth defects including autism, autism spectrum disorder, and cerebral palsy. Must be preauthorized by plan.<br>Over age 19 members visits are limited to 50 combined visits for therapies. |
| | Skilled nursing care | 10% coinsurance | 30% coinsurance after deductible | Limited to 180 days per plan year. Must be preauthorized by plan. |
| | Durable medical equipment | 10% coinsurance | 30% coinsurance after deductible | Preauthorization required if over $1,000. |
| | Hospice service | 10% coinsurance | 30% coinsurance after deductible | Must be preauthorized by plan. |

| Common Medical Event | Services You May Need | Your Cost If You Use an In-network Provider | Your Cost If You Use an Out-of-network Provider | Limitations & Exceptions |
|---|---|---|---|---|
| **If your child needs dental or eye care** | Eye exam | Routine Annual Visit covered at 100%<br><br>Non-Routine Visit: $15 copay (PCP); $30 copay (specialist) | 30% coinsurance after deductible | Coverage is limited to one routine eye exam per plan year. |
| | Glasses | 100% of allowed benefit for children under 19. | No Coverage | |
| | Dental check-up | Covered under separate dental plans. UCCI provides the DPPO option, and Delta Dental the DHMO. | Out-of-network coverage available under the DPPO plan only. | You receive a separate ID card and pay a separate premium for dental coverage. **You must enroll in one of the dental plans to have dental coverage.** For more information on the DPPO call United Concordia at 1-888-638-3384 or www.unitedconcordia.com/statemd. For information on the DHMO please call Delta Dental at 1-844-697-0578 or www.deltadentalins.com/statemd. |

## Excluded Services & Other Covered Services:

### Services Your Medical Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Cosmetic surgery
- Dental care (Adult/Child) (unless dental coverage is elected through United Concordia or Delta Dental )
- Long-term care
- Outpatient prescription drug (unless prescription coverage is elected through Express Scripts)
- Routine foot care

### Other Covered Medical Services (This isn't a complete list. Check your policy, plan document, or benefits guide for other covered services and your costs for these services.)

- Acupuncture
- Chiropractic care
- Bariatric surgery
- Private-duty nursing
- Home healthcare
- Hearing aids covered once every 36 months
- Infertility Treatment – Artificial insemination and In vitro. Restrictions apply.
- Non-emergency care when traveling outside the U.S.
- Routine eye care (Adult)

### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.
For more information on your rights to continue coverage, contact the Employee Benefits Division at 1-800-307-8283. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: Employee Benefits Division at 410-767-4775, the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.
Additionally, the Office of Health Insurance Consumer Assistance can help you file an **appeal**. Contact information: 1-877-261-8807; heau@oag.state.md.us; or http://www.oag.state.md.us/Consumer/HEAU.htm

### Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy does provide minimum essential coverage.

### Does this Coverage Provide Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60 percent of total allowed costs. This health coverage does meet the minimum value standard for the benefits it provides.

# About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.

**This is not a cost estimator.**

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

## Having a baby
(normal delivery)

- **Amount owed to providers:** $7,540
- **Plan pays** $6,850
- **Patient pays** $690

**Sample care costs:**

| | |
|---|---|
| Hospital charges (mother) | $2,700 |
| Routine obstetric care | $2,100 |
| Hospital charges (baby) | $900 |
| Anesthesia | $900 |
| Laboratory tests | $500 |
| Prescriptions | $200 |
| Radiology | $200 |
| Vaccines, other preventive | $40 |
| **Total** | **$7,540** |

**Patient pays:**

| | |
|---|---|
| Deductibles | $0 |
| Medical Copayment | $0 |
| Prescription Copayment | $20 |
| Coinsurance | $520 |
| Limits or exclusions | $150 |
| **Total** | **$690** |

## Managing type 2 diabetes
(routine maintenance of a well-controlled condition)

- **Amount owed to providers:** $5,400
- **Plan pays** $4,630
- **Patient pays** $770

**Sample care costs:**

| | |
|---|---|
| Prescriptions | $2,900 |
| Medical Equipment and Supplies | $1,300 |
| Office Visits and Procedures | $700 |
| Education | $300 |
| Laboratory tests | $100 |
| Vaccines, other preventive | $100 |
| **Total** | **$5,400** |

**Patient pays:**

| | |
|---|---|
| Deductibles | $0 |
| Medical Copayment | $150 |
| Prescription Copayment | $400 |
| Coinsurance | $140 |
| Limits or exclusions | $80 |
| **Total** | **$770** |

**The coverage examples are based on the experience of one covered member or dependent regardless of coverage level.**

# Questions and Answers about the Coverage Examples:

## What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

## What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

## Does the Coverage Example predict my own care needs?

✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

## Does the Coverage Example predict my future expenses?

✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

## Can I use Coverage Examples to compare plans?

✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

## Are there other costs I should consider when comparing plans?

✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as flexible spending accounts (FSAs) that help you pay out-of-pocket expenses.