Welcome to Open Enrollment!

In addition to the 10 On-Site Open Enrollment Fairs announced last week (available here), we are excited to provide a series of Interactive Virtual Open Enrollment Events over the next 4 weeks, covering 6 days:

- 9 sessions a day
- Sessions are carrier specific
- Join as many as you like – no need to register in advance!
- Sessions will provide a quick overview of the program and answer questions

The virtual meetings are designed to be an interactive Q & A opportunity. Employees can always call carrier member services units directly or the Employee Benefits Division. All contact information is included on the inside cover of our 2024 Benefit Guide, available here:

[My Maryland Benefits](#)

Sessions begin on Monday, October 16 at 9:30am.

All schedules will also be posted to our website!

Thank you for your partnership and dedication to our valuable employees!
Week 1

Monday – October 16

9:30am - 10:00am  CareFirst BlueCross BlueShield

10:00am - 10:30am  Kaiser Permanente

10:30am - 11:00am  United Concordia

11:00am - 11:30am  Delta Dental

11:30am - 12:00pm  MetLife

12:00pm - 12:30pm  P & A Group

1:00pm - 1:30pm  CVS Caremark

2:00pm - 2:30pm  United HealthCare

2:30pm – 3:00pm  MD Supplemental Retirement

Week 2

Thursday – October 26

9:30am – 10:00am  Kaiser Permanente

10:00am – 10:30am  United HealthCare

10:30am – 11:00am  P & A Group

11:00am – 11:30am  CVS Caremark

12:00pm – 12:30pm  MetLife

1:00pm – 1:30pm  CareFirst BlueCross BlueShield

1:30pm – 2:00pm  United Concordia

2:00pm – 2:30pm  Delta Dental

2:30pm – 3:00pm  MD Supplemental Retirement
Friday – October 27

9:30am – 10:00am United HealthCare
10:00am – 10:30am CVS Caremark
10:30am – 11:00am Delta Dental
11:00am – 11:30am CareFirst BlueCross BlueShield
11:30am – 12:00pm Delta Dental
12:00pm – 12:30pm Kaiser Permanente
1:00pm – 1:30pm MetLife
1:30pm – 2:00pm P & A Group
2:00pm – 2:30pm MD Supplemental Retirement

Wednesday – November 1

9:30am – 10:00am United Concordia
10:00am – 10:30am MetLife
10:30am – 11:00am United HealthCare
11:00am – 11:30am United Concordia
11:30am – 12:00pm CVS Caremark
12:00pm – 12:30pm MD Supplemental Retirement
1:00pm – 1:30pm P & A Group
1:30pm – 2:00pm Delta Dental
2:00pm – 2:30pm Kaiser Permanente
Thursday – November 2

9:30am – 10:00am MetLife
10:00am – 10:30am United Concordia
11:00am – 11:30am P & A Group
11:30am – 12:00pm Kaiser Permanente
12:00pm – 12:30pm United HealthCare
1:00pm – 1:30pm Delta Dental
1:30pm – 2:00pm CareFirst BlueCross BlueShield
2:00pm – 2:30pm CVS Caremark
2:30pm – 3:00pm MD Supplemental Retirement

WEEK 4

Monday – November 6

9:30am – 10:00am Delta Dental
10:00am – 10:30am CareFirst BlueCross BlueShield
10:30am – 11:00am Kaiser Permanente
11:00am – 11:30am CVS Caremark
11:30am – 12:00pm United Concordia
12:00pm – 12:30pm P & A Group
1:00pm – 1:30pm United HealthCare
1:30pm – 2:00pm MD Supplemental Retirement
2:00pm – 2:30pm MetLife