



Health Benefits

Together, we are working toward a **healthier community.**

2024 OPEN ENROLLMENT

October 16 – November 9, 2023

Welcome to Open Enrollment!

In addition to the 10 On-Site Open Enrollment Fairs announced last week ([available here](#)), we are excited to provide a series of Interactive Virtual Open Enrollment Events over the next 4 weeks, covering 6 days....

- 9 sessions a day
- Sessions are carrier specific
- Join as many as you like – no need to register in advance!
- Sessions will provide a quick overview of the program and answer questions

The virtual meetings are designed to be an interactive Q & A opportunity. Employees can always call carrier member services units directly or the Employee Benefits Division. All contact information is included on the inside cover of our 2024 Benefit Guide, available here:

[My Maryland Benefits](#)

Sessions begin on Monday, October 16 at 9:30am.

All schedules will also be posted to our website!

Thank you for your partnership and dedication to our valuable employees!



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WEEK 1

Monday – October 16

9:30am - 10:00am	CareFirst BlueCross BlueShield
10:00am - 10:30am	Kaiser Permanente
10:30am - 11:00am	United Concordia
11:00am - 11:30am	Delta Dental
11:30am - 12:00pm	MetLife
12:00pm - 12:30pm	P & A Group
1:00pm - 1:30pm	CVS Caremark
2:00pm - 2:30pm	United HealthCare
2:30pm – 3:00pm	MD Supplemental Retirement

WEEK 2

Thursday – October 26

9:30am – 10:00am	Kaiser Permanente
10:00am – 10:30am	United HealthCare
10:30am – 11:00am	P & A Group
11:00am – 11:30am	CVS Caremark
12:00pm – 12:30pm	MetLife
1:00pm – 1:30pm	CareFirst BlueCross BlueShield
1:30pm – 2:00pm	United Concordia
2:00pm – 2:30pm	Delta Dental
2:30pm – 3:00pm	MD Supplemental Retirement



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Friday – October 27

9:30am – 10:00am	United HealthCare
10:00am – 10:30am	CVS Caremark
10:30am – 11:00am	Delta Dental
11:00am – 11:30am	CareFirst BlueCross BlueShield
11:30am – 12:00pm	Delta Dental
12:00pm – 12:30pm	Kaiser Permanente
1:00pm – 1:30pm	MetLife
1:30pm – 2:00pm	P & A Group
2:00pm – 2:30pm	MD Supplemental Retirement

WEEK 3

Wednesday – November 1

9:30am – 10:00am	United Concordia
10:00am – 10:30am	MetLife
10:30am – 11:00am	United HealthCare
11:00am – 11:30am	United Concordia
11:30am – 12:00pm	CVS Caremark
12:00pm – 12:30pm	MD Supplemental Retirement
1:00pm – 1:30pm	P & A Group
1:30pm – 2:00pm	Delta Dental
2:00pm – 2:30pm	Kaiser Permanente



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Thursday – November 2

9:30am – 10:00am	MetLife
10:00am – 10:30am	United Concordia
11:00am – 11:30am	P & A Group
11:30am – 12:00pm	Kaiser Permanente
12:00pm – 12:30pm	United HealthCare
1:00pm – 1:30pm	Delta Dental
1:30pm – 2:00pm	CareFirst BlueCross BlueShield
2:00pm – 2:30pm	CVS Caremark
2:30pm – 3:00pm	MD Supplemental Retirement

WEEK 4

Monday – November 6

9:30am – 10:00am	Delta Dental
10:00am – 10:30am	CareFirst BlueCross BlueShield
10:30am – 11:00am	Kaiser Permanente
11:00am – 11:30am	CVS Caremark
11:30am – 12:00pm	United Concordia
12:00pm – 12:30pm	P & A Group
1:00pm – 1:30pm	United HealthCare
1:30pm – 2:00pm	MD Supplemental Retirement
2:00pm – 2:30pm	MetLife