

STATE OF MARYLAND
COBRA ENROLLMENT FORM
JANUARY 2026-DECEMBER 2026 HEALTH BENEFITS

PERSONAL DATA PLEASE PRINT CLEARLY

EMPLOYEE/FORMER EMPLOYEE/RETIREE INFORMATION

Name: _____
LAST FIRST MI

Address: _____ Apt/Condo: _____

City: _____ State: _____ Zip Code: _____

Home Phone: (____) _____ - _____

Work Phone: (____) _____ - _____

Cell Phone: (____) _____ - _____

Personal E-mail: _____

Work E-mail: _____

W#: W _____

Social Security Number: ____/____/____

Date of Birth: ____/____/____
MM /DD/ YYYY

Sex: ☐ Male ☐ Female
LEGAL MARITAL STATUS:
☐ Single ☐ Widowed
☐ Married ☐ Divorced
☐ Limited Divorce/Legal Separation

COBRA POLICY HOLDER INFORMATION/FORMER DEPENDENT

Name: _____
LAST FIRST MI

Address: _____ Apt/Condo: _____

City: _____ State: _____ Zip Code: _____

Home Phone: (____) _____ - _____

Work Phone: (____) _____ - _____

Cell Phone: (____) _____ - _____

Personal E-mail: _____

Work E-mail: _____

Social Security Number: ____/____/____

Date of Birth: ____/____/____
MM /DD/ YYYY

Sex: ☐ Male ☐ Female
LEGAL MARITAL STATUS:
☐ Single ☐ Widowed
☐ Married ☐ Divorced
☐ Limited Divorce/Legal Separation

STATUS & ENROLLMENT/CHANGE ACTION REQUESTED

☐ **COBRA** Date of Qualifying Event: _____

Are you on Medicare? ☐ Yes ☐ No

☐ Open Enrollment - Effective January 1st

☐ Cancel all Coverage in all Plans/Qualifying Event:

Change in Family Status (See Benefits Guide for documentation requirements)
Note: Request must be made within 60 days of the qualifying event

☐ **Add dependent** because of:

☐ Marriage Date: _____

☐ Birth/Adoption/Appointed Permanent Legal Guardian

Date: _____

☐ Other/Reason: _____

ALL Required dependent documentation must be attached when adding a dependent

☐ **Remove dependent** because of:

☐ Divorce/Limited Divorce/Legal Separation/Dissolution of Domestic Partnership Date: _____

☐ Death Date: _____ (*Attach copy of Death Certificate*)

☐ Dependent no longer eligible Date: _____

Reason: _____

☐ Other: _____

COMPLETED AND SIGNED ENROLLMENT FORMS MAY BE SENT BY EMAIL OR REGULAR MAIL TO:

Employee Benefits Division
301 W. Preston Street, Room 510
Baltimore, Maryland 21201

Phone: 410-767-4775 option #2 or 1-800-307-8283 option #2 / Fax: 410-333-5191 /

Email: EBD.Billing@maryland.gov

Health benefits information and forms are available on our website: www.dbm.maryland.gov/benefits

ENROLLMENT FOR JANUARY 2026-DECEMBER 2026

DEPENDENT INFORMATION *PLEASE PRINT*

Dependent means your eligible: (a) spouse, (b) domestic partner, (c) dependent child(ren), or (d) domestic partner dependent children. All dependent children include biological, adopted, stepchild, grandchild, step grandchild, other child relative, legal ward. See Benefits Guide for a complete listing of eligible dependents and the dependent documentation requirements.

PLEASE PRINT YOUR DEPENDENT INFORMATION BELOW AND ATTACH ALL REQUIRED DEPENDENT DOCUMENTATION. THIS FORM MUST BE FILLED OUT COMPLETELY (INCLUDING SOCIAL SECURITY NUMBER AND DATE OF BIRTH) TO ENSURE YOUR DEPENDENTS ARE ENROLLED IN THE PLANS YOU SELECT. Please use this section for additions (A), deletions (D) or changes (C) to your existing dependent information for Open Enrollment or a qualifying event.

A D C	LAST NAME	FIRST NAME, MI	SEX	DATE OF BIRTH MM/DD/YYYY	RELATIONSHIP	SOCIAL SECURITY NO.	(✓) COVER THIS DEPENDENT FOR:		
							MEDICAL	DRUG	DENTAL

- Special Notifications:**
- Biological, adopted and step children age 26 and over must have become disabled prior to reaching age 26 in order to be eligible for continued coverage.
 - Grandchildren, step grandchildren, legal wards and other child relatives age 25 and over must have become disabled prior to reaching age 25 in order to be eligible for continued coverage.
 - Proof of prior employer-sponsored coverage may be required.

ENROLLMENT FOR JANUARY 2026-DECEMBER 2026

COBRA - Consolidated Omnibus Budget Reconciliation Act and Other Continuation Coverage

You and your eligible dependents may continue health coverage if the loss of coverage is due to one of the following qualifying events:

Mark the event that applies to you:		Mark the event, if different, that applies to your dependent:	
QUALIFYING EVENT	MAXIMUM PERIOD OF TIME ELIGIBLE FOR CONTINUATION*	QUALIFYING EVENT	MAXIMUM PERIOD OF TIME ELIGIBLE FOR CONTINUATION*
☐ 1. Terminated employee (other than for gross misconduct)	18 months or until eligible for group coverage through another source including Medicare	☐ 6. Spouse or child of a State employee/retiree who has elected Medicare as the only coverage and the spouse or child is not eligible for Medicare	36 months or until eligible for group coverage through another source including Medicare
☐ 2. Resigned	18 months or until eligible for group coverage through another source including Medicare	☐ 7. Previously dependent child of an employee/retiree who is no longer eligible by reason of age or death of employee	36 months or until eligible for group coverage through another source including Medicare
☐ 3. Laid off employee	18 months or until eligible for group coverage through another source including Medicare	☐ 8. Death of a State employee/retiree	36 months or until eligible for group coverage through another source including Medicare
☐ 4. Employee whose hours have been reduced	18 months or until eligible for group coverage through another source including Medicare	☐ 12. Personal Leave	18 Months or until eligible for group coverage through another source including Medicare
☐ 5. Divorce or legally separated spouse of a current State employee/retiree	Indefinitely or at the time of remarriage or until eligible for group coverage through another source including Medicare	☐ 13. Suspension	18 Months or until eligible for group coverage through another source including Medicare

The period of continuation of coverage is the number of months listed, or until eligible for other employer sponsored coverage. You must contact the Employee Benefits Division to cancel coverage once eligible elsewhere.

Medical Benefits Medical plans do not include Prescription Drug or Dental coverage. Separate selections are required (see below).

CHOOSE ONE OPTION:

- ☐ New Enrollment
- ☐ Change in plan
- ☐ Addition or removal of dependent
- ☐ No, I do not want to enroll in this benefit
- ☐ Cancel current coverage

CHOOSE ONE COVERAGE LEVEL:

- ☐ Individual Only
 - ☐ Individual & One Child
 - ☐ Individual & Spouse
 - ☐ Individual & Domestic Partner
 - ☐ Individual & Family
 - ☐ End Stage Renal Disease (ESRD)
- (Complete Medicare Information below)

CHOOSE ONE MEDICAL PLAN:

- ☐ CareFirst BC/BS EPO
- ☐ CareFirst BC/BS PPO
- ☐ Kaiser IHM*
- ☐ UnitedHealthcare EPO
- ☐ UnitedHealthcare PPO

NOTE: Vision benefits are included if enrolled in a medical plan.

*Members and/or dependents eligible for Medicare due to age, disability, or End Stage Renal Disease (ESRD) are not eligible to enroll in the Kaiser medical plan. If you or a dependent have Medicare, please write in name, Medicare number, and effective date of Medicare coverage. Medicare Part A&B enrollment is required for full claims coverage.

NAMES OF INDIVIDUALS WITH MEDICARE	MEDICARE NUMBER	PART A (Hospital Claims) Effective Date MM/DD/YYYY	PART B (Medical Claims) Effective Date MM/DD/YYYY	PART D (Prescription Drug) Effective Date MM/DD/YYYY	MEDICARE DUE TO (): Age 65 Disabled ESRD		
Employee							
Spouse							
Domestic Partner							
Child							
Child							

Prescription Drug Coverage

Medicare eligible individuals and/or dependents must enroll in Medicare Part D. See Benefits Guide pages 57-62.

CHOOSE ONE OPTION:

- ☐ New enrollment
- ☐ Addition or removal of dependent
- ☐ No, I do not want to enroll in this benefit
- ☐ Cancel current coverage

CHOOSE ONE COVERAGE LEVEL:

- ☐ Individual Only
- ☐ Individual & Domestic Partner
- ☐ Individual & One Child
- ☐ Individual & Spouse
- ☐ Individual & Family

IF ENROLLEE IS MEDICARE ELIGIBLE WITH NON-MEDICARE DEPENDENTS.

CHOOSE ONE COVERAGE LEVEL:

- ☐ Spouse only
- ☐ Child only
- ☐ Spouse & One child
- ☐ Domestic Partner only
- ☐ Domestic Partner & One child
- ☐ Family

Dental Coverage

CHOOSE ONE OPTION:

- ☐ New enrollment
- ☐ Change in plan
- ☐ Addition or removal of dependent
- ☐ No, I do not want to enroll in this benefit
- ☐ Cancel current coverage

CHOOSE ONE COVERAGE LEVEL:

- ☐ Individual Only
- ☐ Individual & One Child
- ☐ Individual & Spouse
- ☐ Individual & Domestic Partner
- ☐ Individual & Family

CHOOSE ONE DENTAL PLAN:

- ☐ United Concordia DPPO
- ☐ Delta Dental DHMO

For the DHMO Plan: You must select a primary Dentist office once enrolled. Call plan or see plan website for details.

ENROLLMENT FOR JANUARY 2026-DECEMBER 2026

Flexible Spending Account - Healthcare - Domestic partners and the dependent children of domestic partners are not eligible for FSA reimbursement

*For Employees Who Had Flexible Spending Accounts During Active Status in the January 2026-December 2026 plan year.

THIS IS NOT A PRE-TAX BENEFIT WHILE IN DIRECT PAY STATUS AND SERVICES MUST BE INCURRED BY MARCH 15, 2027.

Flexible Healthcare Spending Account

- ☐ I want to continue my Flexible Healthcare Spending Account for January 2026-December 2026. **Note:** COBRA enrollees will be billed for the same total deduction amount as an active employee plus a 2% fee on a post-tax basis.
- ☐ Cancel my Flexible Healthcare Spending Account. Expenses incurred prior to the cancellation date may be reimbursed up to the limit of your Healthcare FSA.

NOTE: All claims must be submitted for reimbursement. Debit card will not be active.

COBRA Policy Holder Signature

If you have any questions concerning the benefits and services that are provided by or excluded under this agreement, please contact the plan's member service representative before signing this application.

Please enroll me for the benefits indicated on this form. I understand the benefits and limitations provided by the various plans. Details can be found at mymdbenefits.com. To the extent deemed necessary by the Plan Administrator for the proper administration of my coverages, I authorize the release of all medical records and related information pertaining to me or my dependents. The personal information provided on this enrollment form is warranted to be complete, accurate, and in accordance with Department of Budget & Management regulations. The Mandatory Insurer Reporting Law 42 U.S.C. 1395y(b)(7) requires group health plans to report SSNs in order for Medicare to coordinate payments with other insurance benefits. Please refer to our Notice of Privacy Practices in the Benefit Guide and on our website for more detailed information. **I understand that I cannot cancel or change my enrollment elections except during an Open Enrollment period or as the result of a qualifying change in family status permitted by COMAR 17.04.13.04 and IRS Section 125.**

I understand that the Benefits Program offered by the State is subject to modifications and changes and that the benefits I have chosen on this enrollment form are only in effect for the current plan year. The State of Maryland reserves the right to modify any benefits provided and gives no assurances, expressed or implied, that any coverage obtained hereunder will continue beyond the end of the current plan year or the continuation period has expired, whichever is earlier. **I certify that neither I nor my covered dependents are covered under another State of Maryland employee's or retiree's membership for any coverage for which I or they are enrolled on this form.**

I certify that I and any dependents listed for coverage are eligible for coverage. I understand that enrollment in benefits to which I or my dependents are not entitled is considered fraud. **In all cases I am responsible for the accuracy of my benefits, coverage levels and premiums.** I further understand that if I willfully misrepresent the eligibility of myself or my dependents on my benefits application, or fail to take the necessary action to remove ineligible dependents, or in any way obtain benefits to which I am not entitled, my benefits will be canceled, I will be required to repay any claims and insurance premiums, and I may face criminal investigation and prosecution.

I further solemnly affirm under the penalties of perjury under applicable state laws that any dependent information I have provided is true and accurate. I understand that willful falsification of information contained in this attestation can result in referral of the matter for investigation and prosecution, the termination of enrollment and coverage of the person identified as my dependent, and the termination of coverage for myself (the employee/retiree). I understand that a civil action may be brought against me for any losses, including reasonable attorney fees because of a false statement contained in this attestation, and that other serious consequences may result.

I further attest and agree that if a dependent's status changes and the dependent is no longer eligible, I will notify the Employee Benefits Division immediately to remove this dependent from my coverage. I also agree to provide the required documentation as outline in the current plan year's Benefits Guide to substantiate the information I have provided, and affirm that each enrolled dependent, with the exception of a domestic partner or domestic partner's child(ren), is my true tax dependent.

X _____

COBRA Policy Holder Signature

_____ Date