



Diabetes Management

Available as part of your prescription benefit plan through **CVS Caremark®**



Checking and tracking your blood glucose levels is critical to successfully managing your diabetes, but it can be a time-consuming, manual process.

Now, there's a better way!

The State of Maryland and CVS Caremark are pleased to provide a new program to help you manage your diabetes. You will be provided with a connected meter, strips and lancets, coaching and support—all at **no cost to you**.

With Livongo, you can easily:

- Track your levels, see trends and share your data with whomever you choose
- Get strips and lancets delivered to your door with no out-of-pocket cost
- Get personalized tips in real-time to help you stay on track and make informed choices.

Listen to [Julie's story](#) to see how Livongo supports her in managing her diabetes.

Read more about Livongo [here](#)

[Register](#) today or call Livongo Member Support at 1-800-945-4355 and mention registration code SOMD.