



Health Benefits

Together, we are working toward a healthier community



2023 OPEN ENROLLMENT

October 11 – November 4, 2022

Welcome to Open Enrollment!

We are so excited to announce a series of Interactive Virtual Open Enrollment Events over the next 4 weeks.... covering 10 days....

- 8-9 sessions a day
- Sessions are carrier specific (*noted at the end of each link*) i.e., **w/ United Concordia**
- Join as many as you like – no need to register in advance!
- Sessions will provide a quick overview of the program and then take questions

The virtual meetings are designed to be an interactive Q & A opportunity. Employees can always call carrier member services units directly or the Employee Benefits Division. All contact information is included on the inside cover of our 2023 Benefit Guide, available on our website:

[DBM Employee Benefits Website](#)

Please share the schedule and links below with your employees as soon as possible as the sessions begin on Wednesday, October 12 at 9:30am. The schedule will also be posted to our website!

Thank you for your partnership and dedication to our valuable employees!



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WEEK 1

Wednesday – October 12

- 9:30am - 10:00am [Virtual OE Session w/ CareFirst BlueCross BlueShield](#)
- 10:30am - 11:00am [Virtual OE Session w/ United Healthcare](#)
- 11:30am - 12:00pm [Virtual OE Session w/ Kaiser Permanente](#)
- 12:00pm - 12:30pm [Virtual OE Session w/ P&A Group](#)
- 12:30pm - 1:00pm [Virtual OE Session w/ CVS](#)
- 1:30pm - 2:00pm [Virtual OE Session w/ Delta Dental](#)
- 2:30pm - 3:00pm [Virtual OE Session w/ United Concordia](#)
- 3:00pm - 3:30pm [Maryland Supplemental Retirement Plans](#)

Thursday – October 13

- 10:00am – 10:30am [Virtual OE Session w/ MetLife](#)
- 11:00am – 11:30am [Virtual OE Session w/ P&A Group](#)
- 12:00pm – 12:30pm [Virtual OE Session w/ CVS](#)
- 12:30pm – 1:00pm [Virtual OE Session w/ Delta Dental](#)
- 1:00pm – 1:30pm [Virtual OE Session w/ CareFirst BlueCross BlueShield](#)
- 2:00pm – 2:30pm [Virtual OE Session w/ MetLife](#)
- 2:30pm – 3:00pm [Virtual OE Session w/ United Healthcare](#)
- 3:00pm – 3:30pm [Maryland Supplemental Retirement Plans](#)



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WEEK 2

Tuesday – October 18

- 9:30am – 10:00am [Virtual OE Session w/ United Healthcare](#)
- 10:30am – 11:00am [Virtual OE Session w/ Kaiser Permanente](#)
- 11:30am – 12:00pm [Virtual OE Session w/ CareFirst BlueCross BlueShield](#)
- 12:00pm – 12:30pm [Virtual OE Session w/ United Concordia](#)
- 12:30pm – 1:00pm [Virtual OE Session w/ P&A Group](#)
- 1:30pm – 2:00pm [Virtual OE Session w/ Delta Dental](#)
- 2:30pm – 3:00pm [Virtual OE Session w/ CVS](#)
- 3:00pm – 3:30pm [Maryland Supplemental Retirement Plans](#)

Wednesday – October 19

- 10:00am – 10:30am [Virtual OE Session w/ CVS](#)
- 11:00am – 11:30am [Virtual OE Session w/ MetLife](#)
- 12:00pm – 12:30pm [Virtual OE Sessions w/ P&A Group](#)
- 12:30pm – 1:00pm [Virtual OE Session w/ Delta Dental](#)
- 1:00pm – 1:30pm [Virtual OE Session w/ MyMDCARES](#)
- 2:00pm – 2:30pm [Virtual OE Session w/ United Healthcare](#)
- 2:30pm – 3:00pm [Virtual OE Session w/ Kaiser Permanente](#)

Thursday – October 20

- 9:30am – 10:00am [Virtual OE Session w/ Kaiser Permanente](#)
- 10:30am – 11:00am [Virtual OE Session w/ CareFirst BlueCross BlueShield](#)
- 11:30am – 12:00pm [Virtual OE Session w/ United Healthcare](#)
- 12:00pm – 12:30pm [Virtual OE Session w/ MetLife](#)
- 12:30pm – 1:00pm [Virtual OE Session w/ Delta Dental](#)
- 1:30pm – 2:00pm [Virtual OE Session w/ United Concordia](#)
- 2:30pm – 3:00pm [Maryland Supplemental Retirement Plans](#)



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WEEK 3

Wednesday – October 26

10:00am – 10:30am	Virtual OE Session w/ Delta Dental
11:00am – 11:30am	Virtual OE Session w/ United Concordia
12:00pm – 12:30pm	Virtual OE Session w/ MetLife
12:30pm – 1:00pm	Virtual OE Session w/ CVS
1:00pm – 1:30pm	Virtual OE Session w/ P&A Group
2:00pm – 2:30pm	Virtual OE Session w/ United Concordia
2:30pm – 3:00pm	Virtual OE Session w/ Kaiser Permanente
3:00pm – 3:30pm	Maryland Supplemental Retirement Plans

Thursday – October 27

9:30am – 10:00am	Virtual OE Session w/ CareFirst BlueCross BlueShield
10:30am – 11:00am	Virtual OE Session w/ Kaiser Permanente
11:30am – 12:00pm	Virtual OE Session w/ United Concordia
12:00pm – 12:30pm	Virtual OE Session w/ P&A Group
12:30pm – 1:00pm	Virtual OE Session w/ United Healthcare
1:30pm – 2:00pm	Virtual OE Session w/ CVS
2:30pm – 3:00pm	Virtual OE Session w/ MetLife

Friday – October 28

10:00am – 10:30am	Virtual OE Session w/ P&A Group
10:30am – 11:00am	Virtual OE Session w/ MetLife
11:00am – 11:30am	Virtual OE Session w/ United Healthcare
11:30am – 12:00pm	Virtual OE Session w/ MyMDCARES
12:00pm – 12:30pm	Virtual OE Session w/ CareFirst BlueCross BlueShield
12:30pm – 1:00pm	Virtual OE Session w/ Kaiser Permanente
1:00pm – 1:30pm	Virtual OE Session w/ CVS
1:30pm – 2:00pm	Virtual OE Session w/ United Concordia
2:00pm – 2:30pm	Virtual OE Session w/ Delta Dental
2:30pm – 3:00om	Maryland Supplemental Retirement Plans



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WEEK 4

Tuesday – November 1

- 9:30am – 10:00am [Virtual OE Session w/ United Healthcare](#)
- 10:30am – 11:00am [Virtual OE Session w/ CVS](#)
- 11:30am – 12:00pm [Virtual OE Session w/ Kaiser Permanente](#)
- 12:00pm – 12:30pm [Virtual OE Session w/ Delta Dental](#)
- 12:30pm – 1:00pm [Virtual OE Session w/ MetLife](#)
- 1:30pm – 2:00pm [Virtual OE Session w/ P&A Group](#)
- 2:30pm – 3:00pm [Virtual OE Session w/ CareFirst BlueCross BlueShield](#)
- 3:00pm – 3:30pm [Maryland Supplemental Retirement Plans](#)

Wednesday – November 2

- 10:00am – 10:30am [Virtual OE Session w/ Kaiser Permanente](#)
- 11:00am – 11:30am [Virtual OE Session w/ United Healthcare](#)
- 12:00pm – 12:30pm [Virtual OE Session w/ CareFirst BlueCross BlueShield](#)
- 12:30pm – 1:00pm [Virtual OE Session w/ MyMDCARES](#)
- 1:00pm – 1:30pm [Virtual OE Session w/ Delta Dental](#)
- 2:00pm – 2:30pm [Virtual OE Session w/ United Concordia](#)
- 2:30pm – 3:00pm [Maryland Supplemental Retirement Plans](#)