

WES MOORE  
Governor

ARUNA MILLER  
Lieutenant Governor



HELENE GRADY  
Secretary

MARC L. NICOLE  
Deputy Secretary

August 5, 2025

Dear Health Plan Participant:

**Retirees with Medicare may disregard this notice.**

The State of Maryland was recently advised that negotiations between **Capital Women's Care and United Healthcare (UHC) did not result in a new contract before the deadline of August 1, 2025. While we were hopeful for a resolution, Capital Women's Care has withdrawn from an "in-network" participating provider arrangement with UHC as of August 1, 2025. This means that providers in the Capital Women's Care practice are considered out-of-network if you are enrolled with United HealthCare. If you are a retiree with Medicare, your network is unaffected.**

While the State is not a party to negotiations between Capital Women's Care and United Healthcare, as an employer the State considers it an obligation to notify Participants of the potential for this significant change to the providers from whom UHC members can receive Plan benefits at the in-network level.

UHC patients of Capital Women's Care may submit a request for continuance of care (COC) at the in-network benefit level for a limited time under certain circumstances.

Here are some things to note:

- Given this specialty, a COC will generally be reserved for pregnancy and will apply to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> trimester of pregnancy as long as the patient has already been seen by CWC for this diagnosis before August 1, 2025.
- The member will complete the continuance of care form (physician signature is required) and submit it to UHC for review and consideration.
  - <https://www.uhc.com/content/dam/uhc-dot-com/en/memberresources/forms/ASO-TOC-COC-Form-English.pdf>
- Members have 30 days to complete the form and return it to UHC.

For questions, please contact United Healthcare directly at 1-800-382-7513.

A copy of this letter and the continuance of care form are also available on the Department of Budget and Management (DBM) website: [dbm.maryland.gov/benefits](http://dbm.maryland.gov/benefits)

Should there be a change in the situation, the DBM website will be updated.

Sincerely,

*Employee Benefits Division*