

Your network includes these well-known vision providers

1 800 contacts*

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CONTACTS & EYEGLASSES

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Get to know your State of Maryland
vision benefits

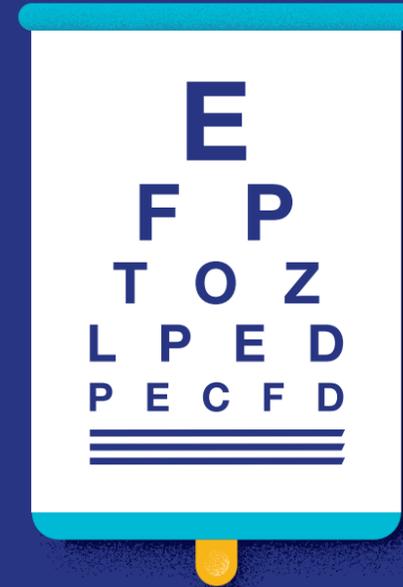


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See what's in store

Get to know your State of Maryland vision benefits



Call 1-800-382-7513

Visit myuhcvision.com

Make the most of your vision benefit

We're here to help you take advantage of all the features and benefits your vision coverage has to offer. We hope you find this information helpful, and we look forward to serving you.

United
Healthcare[®]



Look what care can do

Your vision benefits are designed to meet your lifestyle, eye care and eyewear needs, giving you access to an extensive nationwide network of quality eye care providers for eye exams, frame and lens discounts, and more. Choose from the latest frame styles and lens options from providers like Warby Parker, Walmart, Target and LensCrafters, including discounts on contact lenses, extra pairs of eyewear, laser vision correction and hearing aids.

In this guide, you'll find information to help you and your family make the most of your vision benefits. Keep it handy throughout the year so you know what to expect and how to maximize the value of your vision coverage. Let's get started.



Make the most of what's covered

Your vision benefit offers convenience and cost savings. You don't need your ID card to use your benefits. If you would prefer to have an ID card, you can print it from your computer at myuhcvision.com. You can also access a digital copy of your ID card on the UnitedHealthcare® app.

Eye exams

It's important to get a complete eye exam once a year — even if you are not having problems. Regular visits to an eye doctor can help keep your eyes healthy and improve your overall health. Your vision benefits include a routine annual eye exam. See your benefit handbook for details on coverage amounts.

Your vision benefit is powered by UnitedHealthcare Vision Network (formerly Spectera Vision Network), a national network of eye doctors, which includes optometrists and ophthalmologists. Network eye doctors can help save you money. To find a network vision provider near you, visit myuhcvision.com.

Frame allowance*

When you use a network provider, you can spend a frame allowance to help buy any frame your eye doctor offers. You get a discount on any cost over the allowance amount.

Contact lens allowance*

You may have coverage for a fitting and follow-up visits depending on your plan design and lens choice. Log in to myuhcvision.com to learn more about your specific benefit.

Lens options*

Popular lens options, like UV protection or anti-reflective coating, are available to you at price-protected amounts. Plus, standard scratch coating and polycarbonate lenses for dependent children are available at no additional cost.

Additional pairs of glasses*

Receive a 20% discount on additional pairs of eyeglasses, including prescription sunglasses.

Need help?

 Log in to myuhcvision.com for 24/7 access to details about your vision plan

 Call **1-800-382-7513**, TTY 711

With your UnitedHealthcare health plan, you can access both your vision and health plan benefits online anytime at myuhc.com®. You can also search providers and access your ID card on your mobile device with the [UnitedHealthcare app](#).

*Plans may vary. Check your coverage at myuhcvision.com to verify benefits.

Take steps to protect your eyes

1 Find an eye doctor in your vision network*

Choose from local and national providers in your UnitedHealthcare Vision Network (formerly Spectera Vision Network). You'll get a broad choice with more than 120,000 access points for care.** To find a provider, visit myuhcvision.com and search by name, specialty or location. Or call UnitedHealthcare at **1-800-382-7513**.

2 Schedule your eye exam

With so many providers to choose from, you're sure to get a convenient time and location. If you get headaches, eyestrain or blurry vision, it may be time for new glasses. Plus a dilated exam lets your doctor look inside your eyes and check your eye health. The exam can also show early signs of illness, even before other parts of your body are affected. At your appointment:

- Tell your doctor you have a UnitedHealthcare vision plan
- Give your name and date of birth



When should children have their eyes examined?

It is recommended that infants have comprehensive eye exams around 6 months. The American Optometric Association, or AOA, recommends additional eye exams at age 3, then again at age 5. School-aged children (after age 5) should have an eye exam at least every 2 years, if no vision correction is required.***

3 Discover more ways to save at myuhcvision.com

Laser vision correction

Save up to 35% of the national average price of laser vision correction at more than 900 QualSight® LASIK locations nationwide.*

Contact lenses

Order extra contact lenses at uhcontacts.com for 10% off.

Hearing aids

Get preferred pricing on custom-programmed hearing aids, starting at \$699 each, through UnitedHealthcare Hearing.

*Not all providers participate in all plans. Check with your provider before using your benefits.

**Network count as of August 2021.

***Eye Health for Life <https://www.aoa.org/healthy-eyes/eye-health-for-life> accessed March 1, 2022.