

**STATE OF MARYLAND**  
**WEIGHT LOSS REIMBURSEMENT FORM**

<p><b>Weight Loss Program Reimbursement</b></p> <p>All enrolled employees, retirees and covered spouses (not enrolled children).</p>	<p>Payable at 100% up to an annual maximum of \$150 per enrolled employee, retiree or covered spouse.</p> <p>Qualifying weight loss programs include all weight loss programs on-site and/or online.</p> <p><u>Excludes:</u></p> <ul style="list-style-type: none"><li>- Fees paid for food, books, videos, scales, or other items not included as part of the fee for the course or class;</li><li>- penalties of fees; and</li><li>- credit card receipts are not acceptable.</li></ul>
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***How to File Your Fitness/Weight Loss Reimbursement Claim***

You and/or your covered dependents are eligible to receive reimbursement for the weight loss benefit provided it meets the plan requirements. To request reimbursement, complete a UHC Weight Loss Reimbursement form available on [uhcmaryland.com](http://uhcmaryland.com) and mail it with the required documentation to the address noted on the form. Please note that the required documentation must be an actual receipt from the program and that credit card receipts are not accepted.

