



## Stay healthy with preventive dental care

When your mouth is healthy, your body is healthier too.

With regular cleanings and exams, you'll:

- **Prevent cavities:** Regular checkups allow your dentist to treat issues early, preventing cavities from developing or worsening.
- **Maintain gum health:** Healthy gums are crucial for keeping your teeth firmly in place.
- **Save money:** Proactive dental care helps you avoid unexpected costs by tackling potential problems before they become expensive to fix.

Remember, your preventive care, including cleanings, is covered at **100%** when you see an in-network dentist.

Scan the QR code to  
find an in-network  
dentist today.

