

**Concentra Sites – Updated 8/29/16**

<b>AREA</b>	<b>FACILITY</b>	<b>CONTACT</b>	<b>HOURS OF OPERATION</b>	<b>TYPE OF SERVICE</b>
<b>ARBUTUS</b>	<u><i>AFTER HOURS FACILITY</i></u> Concentra Medical Center 1419 Knecht Avenue Baltimore, Maryland 21227	Margaret Hanley 410-247-9595 410-247-7553 Fax	Open 7 days per week - 24 hours per day	Occupational Medicine
<b>BWI</b>	Concentra Medical Center 811 Cromwell Park Drive Suite 104 - 105 Glen Burnie, MD 21061	Marybeth Ripley 410-553-0110 410-553-0197 Fax	7:30 am – 5:00 pm (Monday - Friday)	Occupational Medicine
<b>CAPITAL HEIGHTS (Steeplechase)</b>	Concentra Medical Center Steeplechase Shopping Center 9141 Alaking Court Suite 112 Capital Heights, MD 20743	Chris O'Rourke 301-499-4655 301-499-0902 Fax	8:00 am – 8:00 pm (Monday - Friday) 9:00 am – 3:00 pm (Saturday-Sunday)	Occupational Medicine
<b>COLUMBIA</b>	Concentra Medical Center 6656 Dobbin Road Columbia, MD 21045	Victoria Lumpkins 410-381-1330 410-381-5585 Fax	8:00 am – 5:00 pm (Monday - Friday)	Occupational Medicine
<b>DUNDALK</b>	Concentra Medical Center Holabird Business Park 1833 Portal Street Baltimore, MD 21224	Carol Donne 410-633-3600 410-633-3604 Fax	8:00 am – 5:00 pm (Monday - Friday)	Occupational Medicine
<b>INNER HARBOR</b>	Concentra Medical Center Bank of America Building 100 South Charles Street Suite 150 Baltimore, MD 21201	Kenneth Evans 410-752-3010 410-539-7023 Fax	8:00 am – 5:00 pm (Monday - Friday)  <i><b>Note:</b> Entrance to the Center and Parking Garage are located on West Lombard Street.</i>	Occupational Medicine

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<b>JESSUP</b>	Concentra Medical Center 7377 Washington Boulevard Suite 101 Elkridge, MD 21075	Jennifer Moran 410-379-3051 410-379-3074 Fax	8:00 am – 5:00 pm (Monday - Friday)	Occupational Medicine
<b>LANHAM</b>	Concentra Medical Center 4451 Parliament Place Suite G Lanham, MD 20706	Emily Polachek 301-459-9113 301-459-1214 Fax	7:00 am – 6:00 pm (Monday - Friday)	Occupational Medicine
<b>ROSEDALE</b>	Concentra Medical Center 8101 Pulaski Highway Suite H Baltimore, MD 21237	Dee Bird 410-687-6462 410-687-2261 Fax	7:00 am – 7:00 pm (Monday - Friday) 7:00 am – 12:00 Noon (Saturday)	Occupational Medicine
<b>TIMONIUM</b>	Concentra Medical Center York Ridge Center 1830 York Road Suite F Timonium, MD 21093	Melody Taylor 410-252-4015 410-252-7410 Fax	8:00 am – 6:00 pm (Monday - Friday) 8:00 am – 2:00 pm (Saturday)	Occupational Medicine and Urgent Care
<b>DELAWARE</b>	Concentra Delaware 4110 Stanton-Ogletown Road Harmony Plaza Newark, DE 19713	Kristen Mandl 302-738-0103 302-738-6612 Fax	8:00 am – 5:00 pm (Monday - Friday)	Occupational Medicine
<b>YORK</b>	Concentra York 970 Loucks Road Unit D York, PA 17404	Stacy Hoffacker 717-764-1008 717-815-1625 Fax	8:00 am – 5:00 pm (Monday - Friday) 8:00 am – 2:00 (Saturday and Sunday)	Occupational Medicine

**Concentra Satellite Locations – Updated 8/29/16**

AREA	FACILITY	CONTACT	HOURS OF OPERATION
<b>CUMBERLAND</b>	Hunt Club Medical Clinic Route 28 Hunt Club Plaza Short Gap, WV 26753	Gary Kameuff 304-726-4501 Fax 304-726-4051	Mon. – Fri.      7 a.m. – 7 p.m. Sat. & Sun.     7 a.m. – 5 p.m.
	----- Occupational Health Center 1050 Industrial Boulevard Suite 15 Cumberland, MD 21502	----- Gary Kameuff 240-964-9355 Fax 240-964-9356	----- Mon. – Fri.      8 a.m. – 4 p.m.  <u>After Hours:</u> Western Maryland Health System 12501 Willow Brook Road Cumberland, MD 21502  <u>Phone:</u> 301-723-5161
	----- Frostburg Medical Center Route 36 Frostburg Plaza Frostburg, MD 21532	----- Gary Kameuff 301-689-3229 Fax 301-689-1129	----- Mon. – Fri.      8 a.m. – 8 p.m. Sat. & Sun.     8 a.m. – 6 p.m.  <b><u>Note: No DOT Physicals, DOT Drug Tests or DOT Alcohol Tests are available at Frostburg Medical Center. Please use other two facilities.</u></b>
<b>EASTON</b>	Your Doc’s In 8163 Ocean Gateway Easton, MD 21601	Tammy Mister 410-822-0200 Fax 410-820-0237	Mon. – Fri.      8 a.m. – 8 p.m. Sat. & Sun.     8 a.m. – 6 p.m.
<b>FREDERICK</b>	CorpOHS – Frederick 490-L Prospect Boulevard Frederick, MD 21701	Gloria Bamforth 240-566-3001 Fax 240-566-3003	Mon. – Fri.      7 a.m. – 5 p.m. <u>After Hours:</u> 800-480-8717
	----- Carroll Occupational Health 700 Corporate Center Court Suite A Westminster, MD 21157	----- Lisa Degitz 410-871-0470 Fax 410-871-0743	----- Mon. – Fri.      7 a.m. – 5 p.m. <u>After Hours:</u> 800-480-8717

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AREA	FACILITY	CONTACT	HOURS OF OPERATION
<b>GERMANTOWN</b>	Medical Access 12321 Middle Brook Road Germantown, MD 20874	Martha Wagner 301-428-7979 Fax 301-428-3192	Mon. – Fri. 8:00 a.m. – 7:30 p.m. Sat. & Sun. 10 a.m. – 5 p.m.  <u>After Hours Emergency Pager:</u> 301-552-0955
<b>HAGERSTOWN</b>	Health@Work 10715 Downsville Pike Suite 100 Hagerstown, MD 21740	Lori Aleshire 240-313-9910 Fax 240-313-9915	Mon. – Fri. 7 a.m. – 5 p.m. <u>After Hours:</u> Meritus Medical Center Emergency Department: 301-790-8000 (Report to ER triage. Nurse will contact appropriate personnel.)
<b>POCOMOKE CITY</b>	Your Doc’s In 1511 Ocean Highway Pocomoke City, MD 21851	Tammy Mister 877-222-4934 Fax 443-437-7378	Mon. – Fri. 8 a.m. – 8 p.m. Sat. & Sun. 8 a.m. – 6 p.m.
<b>SALISBURY</b>	Yourr Doc’s In 2425 N. Salisbury Boulevard Salisbury, MD 21801	Tammy Mister 443-944-0187 Fax 443-944-0192  <u>Toll Free #:</u> 1-877-222-4934	Mon. – Fri. 8 a.m. – 8 p.m. Sat. & Sun. 8 a.m. – 6 p.m.

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<b>WALDORF</b>	Total Health Care 12106 Old Line Center Waldorf, MD 20602	Billie Jo Dunn 301-645-8898 Fax 301-500-3096	Mondays            11 am - 5:30 pm Tues-Thurs        8:30 am - 5:30 pm Fridays              8:30 am - 11 am  Injury Care, Drug & Alcohol Testing
	----- ARCPoint Labs 6 Post Office Rd Ste 102 Waldorf, MD 20602	----- Robert Goodman 301-645-5227 Fax 301-645-5685	----- Mon. – Fri.        8-5  ARCPoint Labs will also provide afterhour collections  Drug & Alcohol Testing Only
	----- White Plains Primary Care 4550 Crain Highway # 2 White Plains, MD 20640	----- Donna Knott 240-349-2448 Fax 240-349-2243	----- Mon. – Fri.        M-F 8-4  Injury Care, DOT Physicals and Drug Testing